

Your Career-Discovery Guide

A Professional Development Guidebook

John Monyjok Maluth

2021 Edition

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INTRODUCTION

Greetings and welcome to the third publication in the Self-Help Series. This installment follows its predecessors, the first second and the book. I highly recommend reading these works before delving into this one to gain a comprehensive understanding of the progressive message they present. To ensure the proper sequencing of the books, beginning with the initial publication will facilitate a deeper comprehension of the intended personal message. Thank you for choosing my material, and I hope you find it helpful in your personal growth journey. This third book in our series emphasizes the pivotal message of our first book. As you progress through this guide, you will come to the realization that understanding your identity is essential to achieve a fulfilling career and life. Without this knowledge, it would be challenging, if not impossible, to improve or make significant progress towards your goals. My comprehensive approach will guide you towards discovering your authentic self and help you unlock your full potential, empowering you to lead a more satisfying, purposeful life. This book is tailored to offer you invaluable guidance on the art of discovering your niche before delving into enhancing your chosen career path

in the fourth book. Within the pages of this book, you'll gain insights on how to acquaint yourself with your preferred profession, understand the importance of having a fulfilling career, as well as seek the counsel of others concerning your next career move. Additionally, you'll be exposed to practical knowledge on the best way to learn by experimenting with several fields, discovering when to move on, learning alongside peers, and seeking counsel from experienced mentors who have already charted the course ahead of you. It is my sincere hope that the following lessons in this third book will assist you in your journey towards personal fulfillment. Contained within are 100 healthy tips and tricks that will guide you in discovering your optimal career path, while also differentiating between a career and a job. Thank you for entrusting me with the opportunity to share this knowledge with you, and I am grateful for the chance to be of assistance in this capacity.

CHAPTER 1: GETTING EXPOSED

“Choose a job you love, and you will never have to work a day in your life.” — Confucius.

Exploring a career path is an exciting first step in discovering your professional aspirations. Our book series is designed to provide valuable insights that can assist in this process. This volume offers a more in-depth examination of previously presented concepts. While the preceding books provided an overview, we have expanded on these ideas to provide a greater understanding of their importance. We believe that knowledge and exploration are crucial components of establishing a thriving career, and we hope that our book will serve as a helpful resource in your journey towards professional fulfillment.

Access to career opportunities is crucial for discovering and pursuing one's professional interests. Consider the case of computer skills - without being familiar with the technology, one may not recognize their potential in this field. Furthermore, gaining proficiency in areas such as typing requires

deliberate effort and practice. By exploring and acquiring new skills, individuals can enhance their prospects and broaden their horizons in the job market.

To effectively utilize software, exposure and instruction are imperative. Despite having a prolonged experience with computers, individuals, such as myself, still require the acquisition of new software knowledge. This is a common occurrence. Additionally, in the absence of attempting to teach, one may have difficulty recognizing their abilities as an educator. Similarly, having never delved into mathematics or having harbored anxieties towards the subject can hinder the discovery of a natural aptitude. It is essential to devote the necessary time and focus towards mastering new skills to reach full potential.

In essence, experience is synonymous with exposure. Experience is only gained when you are exposed to a situation or activity, allowing you to learn about its workings, significance, and other aspects. For example, to master the technique of digging, you must engage in the activity itself. During my time

in Yei, I recall learning to dig using a hoe. Farming tools in the Upper Nile region differ greatly when compared to those used in Yei, and the soil in Yei is also unique. The initial few days were challenging as I struggled to dig proficiently. I would grip the hoe tightly and hit the earth too forcefully. However, with time, I gradually became more adept, and was able to dig more smoothly and efficiently with less effort.

Acquiring exposure to your desired profession is crucial in advancing your career. For example, if your interest lies in the writing field, it is important to gain hands-on experience to improve your craft. While it is admirable to have an affinity towards writing, a successful career in this field requires hard work and determination. It would be prudent to immerse yourself in various writing projects and opportunities to perfect your skills. Remember, becoming a skilled writer takes time and dedication.

I have a deep appreciation for the admirable work of medical personnel and pilots. However, I understand that admiration alone does not qualify me to pursue either of

these prestigious careers. To become a skilled professional in either field, it is crucial that I acquire hands-on experience and training to fully understand the demands and duties of each respective career.

To pursue a career in aviation or healthcare requires proper training, which may be achieved through various means. One can opt to take self-guided courses to learn the skills necessary for these professions. Alternatively, one may choose to attend a structured classroom program for more in-depth instruction. Regardless of the training pathway, enlisting in a reputable program is crucial in preparing students to meet industry standards and expectations.

In the current digital era, learning has taken a novel form that may surprise you. You might be wondering how one can acquire professional skills alone or online, but fear not for the learning landscape has experienced significant changes. It is now possible to learn almost anything through online platforms. These virtual learning systems comprise all the four basic learning

methods making them an excellent alternative to physical learning spaces. It is notable that these advancements in education are yet to be fully realized and many people still hold on to traditional learning methods. Nonetheless, the possibilities of learning beyond the physical classroom are endless.

It is important to gain exposure to one's career before diving into it headfirst. This exposure can come in various forms and degrees. One of the most beneficial ways to gain this exposure is through training, which can be both theoretical and practical depending on one's prior knowledge and experience in the field. It is crucial to be mindful of the different training options available and to select the most suitable approach to best equip oneself for future success in the chosen career path.

To emphasize the significance of exposure, I recall my experience when I was introduced to computers in 2009. At that time, I had trouble locating the letter A on my keyboard. I sought assistance from my tutor, who directed me to the letter A located on the left

side of my keyboard. This incident helped me realize the value of exposure. Since that day, I have continuously worked with computers and have excelled immensely in operating these machines.

Consider the benefits of computer literacy. Without any instruction, one may remain in the dark - unaware of the vast capabilities that technology holds. With the guidance necessary to grasp this knowledge, one can become adept in various areas. For instance, using a computer allows for swift typing speeds, as well as the profound ability to write, edit, publish, and distribute books both digitally and in print. Additionally, such literacy facilitates communication and enables one to utilize their computer as a potent business tool. The preceding has laid the groundwork for comprehending the value of this chapter. The following are practical strategies that will assist you in furthering your understanding.

Are you ready to take your career to the next level? If so, I have some great career-exposure tips to share with you. Keep in mind that these tips are not the only way to

learn and grow, but they are some of the best out there. By reading them and acting, you can unlock your potential and achieve your goals. Remember, knowledge is only the beginning - it's up to you to specialize and practice to truly harness your power. Believe in yourself and your abilities and take the first step towards building the career of your dreams. Let's get started!

10 BEST CAREER EXPOSURE TIPS

1. **PERSONALITY:** Your personality is what makes you unique and sets you apart from everyone else. Embrace it fully and let it guide you on your journey towards your dreams and ambitions. Your personality type is the key to unlocking new opportunities and exploring new worlds. Only those with open eyes can truly see the endless possibilities that await them. Your personality is a combination of many traits, each one contributing to your overall uniqueness. Take the time to discover and improve your personality before embarking on your next career journey. Your Self-Discovery Guide is

an excellent resource that will help you on this path. Believe in yourself and your abilities and watch as your personality takes you to new heights!

- 2. PURPOSE:** Do you ever feel like you're just coasting through life without a clear sense of direction? The key to unlocking your purpose is understanding your unique personality type. Knowing who you are and what you stand for is the first step in discovering your reason for living. By gaining this awareness, you'll be able to make informed choices about the career path that resonates with your passions and values. Don't settle for letting life happen to you - take control and get informed. Every lesson I share in my books is rooted in real-life experiences, so you can have confidence in trying them out and discovering what works best for you. Remember, the journey may look different for everyone, but the destination is the same - living a life filled with purpose and meaning.

3. **DESIRE:** One of the most powerful tools you possess is your burning determination to achieve your dreams. Take a moment to truly understand what it is that you desire and use that knowledge to guide you on your journey towards success. Whether you're seeking personal fulfillment or professional growth, self-discovery is the first step towards unlocking your potential. By taking the time to learn about yourself and your unique personality traits, you can identify your values, passions, and goals. This will help you stay focused and motivated, even in the face of challenges. Remember to be kind and respectful to others, and to the world around you, as you pursue your dreams. Embody the spirit of peace and let your determination propel you towards shalom - a state of true harmony, both within yourself and with the world around you. You can achieve great things when you are grounded in who you are and what you stand for.

4. **PLAN:** Your future is not written in stone. With the right mindset, planning, and determination, you have the power to shape your own destiny. Knowing your personality type, purpose, and burning desire is the first step towards achieving your dreams, and it's never too early or late to start. You may not have all the answers now, but that shouldn't stop you from taking the first step towards your goal. Remember, every experience you have, whether positive or negative, can help guide you towards your calling if you stay true to yourself. You are a unique individual with a set of abilities, possessions, and identity, and with the proper guidance, you can leverage these qualities to create a life beyond your wildest dreams. Have faith in yourself and don't be afraid to take risks. The journey ahead may have obstacles, but with the right mindset and attitude, you'll achieve your goals and create the future you deserve.

5. **EXECUTE:** It is imperative to take planned, deliberate steps towards pursuing your first or next career. The steps must be secured before proceeding. It is essential to know yourself and your desires beforehand to avoid stumbling aimlessly. Blindly searching for your next career path reflects a lack of self-awareness and introspection. My role is to impart the necessary knowledge and skill set to guide you in this process. Ensuring you are prepared when opportunities arise is key to your success. It is critical to stay vigilant and aware, and I am here to help you accomplish this objective.
6. **TRAVEL:** Imagine the endless possibilities that could be waiting for you if you take the time to explore new places. Travelling can be an opportunity to broaden your mind and discover hidden talents you never knew existed. Don't limit yourself to your immediate surroundings. Venture out, experience new cultures and meet new people. By embarking

on new adventures, you may discover your passion or purpose in life. Take inspiration from those who use their travels to build businesses or create positive change in their communities. Travel is not just about seeing the world, it's also about being an active participant in creating a better world. So, take the time to immerse yourself in new experiences, embrace your natural curiosity and who knows where it may lead you!

7. **ASK:** Asking questions is essential if you want to learn and broaden your knowledge. Don't hesitate to approach people whom you believe might have information about something that interests you. Remember, "El basial ma bi Ruha," a wise Arabic word that means "Anyone who asks never gets lost." To become comfortable with asking questions, practice asking open-ended questions. They are less intrusive and easier to answer, making it an ideal approach for introverted individuals like me. So, don't be afraid to ask and get exposure

to information you may otherwise not learn.

8. **READ:** Malcolm X once said, "If you want to hide something from Negro people, put it in a book," and unfortunately, this statement still rings true today. It's not to say that all black people don't read, but it's a reality that cannot be ignored, especially in the 21st century. I'm referring to those who are proficient readers but choose not to read intentionally. It's time to challenge ourselves this year and set a goal for the number of books we want to read. You can accomplish this goal either by using apps such as Kindle Reader or by reading physical books. Reading exposes us to different ideas and career opportunities, and it's through reading that we expand our minds. If we want to improve our reaction to real-life issues, we need to expand our knowledge, and reading is an excellent way to do so.
9. **LISTEN:** Believe it or not, you have access to a world of ideas and

possibilities! Take this moment to embrace the power of your fingertips—with the help of tools such as YouTube, you can immerse yourself in teachings and find the best mentors from around the globe! Whether it's watching a thought-provoking speech or listening to a song that moves your spirit, you can discover new horizons of knowledge. Believe in yourself and your potential to grow. Let this be the day you act and start exploring new paths and ideas so that you can fulfill your greatest potential! It's time to see the amazing results and begin your journey towards greatness!

10.WATCH: Watching videos can be an incredible source of inspiration and learning, whether you choose to listen or not! Take advantage of this powerful tool to discover your true calling or to gain knowledge that can help you advance in your field. By simply watching someone else in action, you may discover a passion you never knew existed or gain new insights that can spark your creativity

and motivation. So, don't let any opportunities to watch inspiring content pass you by. Whether it's in the real world or on your device, keep your eyes open and your mind receptive. Every moment can be a learning opportunity, so take advantage of this incredible resource and watch your career soar!

Congratulations on taking the time to read through these ten tips on career exposure! You've taken an important step towards achieving your career goals. Remember that your dreams can become a reality with dedication, hard work, and the willingness to seek out new knowledge and experiences. Don't be afraid to take risks and try new things. Remember, every challenge is an opportunity to learn and grow. Keep pushing yourself and never give up on your dreams. I would love to hear your thoughts and experiences on my author website at www.johnshalom.com. Let's continue this journey of growth and inspiration together!

CHAPTER 2: KNOWING THE WHAT

“It’s not what you achieve, it’s what you overcome. That’s what defines your career.”—

Carlton Fisk.

It is important to have a clear understanding of your career goals, which is essentially knowing your career. As we discussed in the previous chapter, career exposure may be necessary to comprehend what you are truly passionate about. However, often we come across situations that are both good and bad, which can lead to confusion. In the previous chapter, we emphasized the significance of preparation, so that you are well-equipped to handle all situations. With this tip in mind, you'll always be aware of your aspirations before experiencing them. Discovering your personality type is essential in determining your life goals. We believe that by understanding your personality, you can unlock your full potential and reach your desired goals.

Having a fulfilling career that aligns with your personal purpose is important, though it may not be readily available. At times,

external factors influence the work we do. However, I transitioned away from that world in 2016 and now pursue work that I excel at and enjoy while receiving compensation for my efforts. This is the distinction between a job and a career. It's possible for you to achieve the same level of satisfaction in your work. It doesn't necessarily indicate you need to avoid employment altogether, but it does mean you value the freedom of managing your time, pace, and being your own boss more than anything else. Although I am open to employment opportunities, it's vital that they fit my life's distinct objective of obtaining inner peace.

In December 2017, I made the decision to decline an offer to work as an office manager for a presidential advisor. The reason for this was primarily due to a mismatch in terms of my personality type and ultimate goals in life. However, I want to make clear that this decision was not because I believe working with the government is inherently disruptive or unpeaceful. On the contrary, I remain open to opportunities to work with the government, provided they align with my

personal aspirations. Ultimately, I believe it's important to find work that not only challenges us but also allows us to maintain inner peace and fulfillment.

“But, John, you can still learn, or get trained while you are busy, doing the job, can't you?” you may ask.

I appreciate the question posed. However, I believe it is important to identify what brings fulfillment in one's life. Simply accepting any job offer for the sake of it may not align with one's aspirations. Focusing on what brings enjoyment and fulfillment is crucial when seeking out opportunities. For instance, I derive satisfaction from the creative process of writing. This may not be the case for every individual, and that is perfectly valid. Some individuals may find writing tedious and unappealing despite the potential for monetary gain. Ensuring that the process is enjoyable is critical in pursuing any endeavor. Despite challenges that may arise, it is the passion for what one does that will fuel their commitment to it.

It is critical to have a clear understanding of your goals if you wish to excel in your chosen

profession. Devote some time to introspection and consider what you aim to achieve through your work. If you aspire to be a writer, it is essential to be certain of your passion for this field. One should make a conscious effort to understand what drives them towards their chosen path. It can be tempting to be influenced by external factors, but it is important to consider whether your decisions align with your personal aspirations. Ultimately, it is important to know what you want to do and to have a genuine passion for it to achieve success. This is the point in this second chapter.

I am excited to share with you some amazing tips on how you can discover what you truly want in your career. It's perfectly normal to be unsure about your future, but with these tips, you can make informed decisions that will help you achieve success. I am confident that my ten tips will help you identify your passions and strengths, and ultimately lead you to find the perfect career path. Once you've read them, give them a try, and watch how they can transform your journey. Remember, these tips have worked for me, and they can certainly work for you too. Let's

embark on this empowering journey together!

10 BEST TIPS ON WHAT YOU DO

1. **IDENTITY:** You are unique and irreplaceable. The first step towards a fulfilling career is discovering your identity. Embrace your individuality and use it as a compass to guide you towards your passions and aspirations. You have a purpose that is distinct from anyone else's, and that purpose is waiting to be unveiled. Trust yourself and your instincts in this journey of self-discovery. Once you know who you are, you'll be able to identify what you want from life and achieve your heart's desires. Revel in the process of uncovering your authentic self, and let it lead you to a meaningful and fulfilling career. Remember, the world needs your distinct gifts, and you have the power to make a difference.
2. **VISION:** Your vision is a powerful manifestation of your goal in life. It is the very essence of your personal identity. The accomplishment of your

vision will ultimately define your life's purpose. Just like how Jesus succeeded in fulfilling His goal of saving humanity from sin, you too have the potential to achieve your dreams and create a legacy. With perseverance, dedication, and hard work, you can overcome any obstacle that comes your way and fulfill your life's goal. So, keep your vision in front of you and work towards it relentlessly. Because, when the day comes that you finally fulfill your vision, you will be able to look back on your life and affirm, with confidence, "it is finished."

3. **MISSION:** It's time to awaken the fire inside you and embark on a mission that will set your heart ablaze with passion and purpose. Your mission is the force that propels you towards your ultimate vision, the vision that unlocks your full potential and transforms your dreams into reality.

With each passing day, you have the power to shape your destiny and

create the life you truly desire. This book is the key that unlocks the door to your career discovery, and with it, you'll uncover a treasure trove of tools and techniques that will enable you to pursue your passion with clarity and confidence.

So let your mission guide you, inspire you, and fuel your determination to succeed. Remember, you hold the power to make your dreams come true. So, honor your mission with all your heart and soul, and watch as the world unfolds before you in ways you never thought possible.

4. **PURPOSE:** Your purpose is the key to unlock your true potential and lead a fulfilling life. It goes beyond just a vision and mission. Understanding your purpose helps you find meaning in everything you do and what truly drives you. Your purpose is unique to you and reflects your identity and personality. When you know your purpose, you know what you want from life and can align your career

path accordingly. You don't have to settle for a mundane day job that doesn't spark any joy. Your purpose guides you towards a fulfilling career that is fueled by passion and purpose. So, take some time to explore your purpose, and open the door to a brighter and more purposeful future!

5. **EXPLORE:** You have the power within you to explore new opportunities and discover what truly ignites your passion. Instead of feeling lost or uncertain, approach the search for your ideal career as an exciting adventure full of endless possibilities. Armed with your unique personality type and sense of purpose, every option you pursue will bring you one step closer to your goal. Each opportunity is like a page in a book waiting to be explored. So don't be afraid to turn the pages, take a chance, and uncover new and exciting paths that will lead you to a fulfilling and rewarding career that aligns with your identity. Remember, the journey of exploration is just as important as

the destination. So, enjoy the ride and embrace the unknown with open arms. You've got this!

6. **TEST:** You are capable of so much more than you know! Even if you feel like you already have a clear picture of your goals, testing and exploring can lead you to your true calling. Take advantage of every opportunity to try new things, and don't be afraid to take risks. You might just uncover hidden talents or passions that you never knew existed. Remember, you are in control of your own destiny, and while your faith or higher power can guide you, you still have the power to make your own choices and create your own path. Embrace the journey and trust in yourself - the possibilities are limitless!
7. **READ:** Congratulations! You are on the right path to success. Reading is a powerful tool that can unlock unlimited potential in yourself. By embracing reading as a habit, you can gain knowledge, perspective, and inspiration that will shape your

dreams and aspirations. Take the time to read stories of those who inspire you, learn about topics that interest you, and explore different perspectives. This will only enhance your journey of self-discovery and help you find what truly resonates with who you are. So, keep pushing yourself to read, and remember that every page you turn is a step towards achieving your goals and fulfilling your mission in life. The world is your oyster, and reading is your key to unlocking its treasures.

8. **ASK:** Believe and trust in yourself! Take the initiative to ask those around you about their experiences, including your peers, colleagues, and mentors. By asking the right questions, you'll gain a better understanding of your wants, needs, and wishes. Your research consists of discovering who you are and what you truly want out of life. While it's important to listen to others, it's equally important to trust your gut instincts and desires. Take the time to invest in yourself by

getting to know who you really are. By doing so, you'll avoid unnecessary pain and regret. Remember, life can be uncertain, but living for the sake of living will help you worry less about mistakes and shortcomings. Have faith and confidence in yourself and life's endless possibilities!

9. **TRAVEL:** Traveling can be a transformative experience that broadens your horizons and enlightens your understanding of the world. Take, for instance, my journey from Nairobi, Kenya to Juba, South Sudan in 2017, where I met a kind Somali man on board. Our conversation led us to discussing the solution to the problems in South Sudan. The Somali man proposed that exposure is the key to unlocking a peaceful future for the country. He believed that if all people in the country were to embark on trips abroad, their perspectives and identities would evolve, leading to a new era of peace and harmony. This insight was a reminder that narrow-mindedness contributes to conflicts in

our world, be it over religion or resources. Let us all embrace the adventure that awaits and discover the transformative power of travel.

10. SHARE: Sharing knowledge is not only a means of helping others but also a powerful tool for self-discovery and growth. Every time you impart your wisdom and insights, you magnify your own understanding and deepen your knowledge. Whether it's in your personal or professional life, the act of giving illuminates your path and empowers you to make better decisions. As you read these tips, remember that they are not intended solely for your consumption, but rather for you to share with anyone who could benefit from them. Keep in mind that you're not just helping others grow, but you're also growing yourself. The books and teachings that inspire you are not meant to be kept within, but to be shared with the world. Remember, you have a message that needs to be shared, a message that will inspire, motivate, and

transform lives. So go ahead and share your knowledge with the world. You never know the impact that it may have on someone's life.

Congratulations on reading through these ten tips on how to choose what to do! I believe that these tips will guide you towards making better decisions in your life. Remember, we all face difficult decisions at some point, but with the right mindset and tools, you can overcome any challenge that comes your way. Use these tips as a steppingstone towards your desired future, and with hard work and determination, you can accomplish your dreams. I would love to hear about your journey and how these tips have helped you, so feel free to connect with me at www.johnshalom.com and start a chat! Remember, nothing is impossible, and you can achieve greatness. Keep pushing forward and don't give up!

CHAPTER 3: KNOWING THE WHY

“Work to become, not to acquire.”— **Elbert Hubbard.**

It is important to understand the underlying motivation for your actions. This means knowing why you do what you do and considering the purpose behind it. This process can facilitate clearer thinking and decision making. Often, we may default to survival-mode thinking when carrying out tasks or pursuing goals, but it is worthwhile to reflect on our motives. Before proceeding with any action, it is beneficial to pause and question why it is being done. Are you pursuing it out of personal enjoyment or because of external pressures? Taking the time to contemplate the reasoning behind your actions can reveal valuable insights and enhance your overall effectiveness.

As previously discussed, it is important to recognize the distinction between a career and a job. While many individuals may work in their current position due to financial obligation, it is essential to consider the long-term impact of your career choices. While it

is possible to find fulfillment in any job, it is crucial to evaluate your passions and goals to identify opportunities that align with your interests. Taking the time to reflect on these factors can lead to greater job satisfaction and the potential for career advancement.

The objective of this chapter is to highlight the importance of pursuing a career that brings happiness and financial stability simultaneously. Doing what you love can engender great fulfillment and gratification, which ultimately leads to higher motivation and perseverance. Identifying the reason behind why we work can influence our decision-making process and overall satisfaction in life. It is vital to understand that passion is the driving force behind our success and productivity. Therefore, allow us to guide you in discovering your true calling and give you an insight into leveraging it for fulfillment and financial prosperity in the future.

The book under discussion delves into a critical aspect of pursuing a career—understanding the driving force behind one's chosen path. While it's essential to identify

one's profession, it's equally crucial to comprehend the reasoning behind pursuing it wholeheartedly. The central theme of this book is to uncover the purpose behind one's career path. It emphasizes the need to evaluate the motivation that fuels the pursuit of a specific profession. By exploring this aspect, the book enlightens readers on the importance of aligning their goals and actions with their underlying values. This book serves as a valuable tool in guiding individuals towards meaningful and fulfilling careers.

Discovering the driving force behind your passion for what you do is an essential component of personal and professional growth. Your personality type, identity, vision, mission, and purpose are all interconnected and play a vital role in your career path. By understanding these elements, you can gain clarity and direction, enabling you to achieve your goals and aspirations. As a professional assistant, my role is to help you uncover the reasons behind your enjoyment of your work. While there may be instances where you simply enjoy what you do without a specific reason,

understanding the underlying motivation is crucial for success. I am committed to supporting you in this journey of self-discovery and helping you achieve your full potential.

As a professional, it is important to understand the reasoning behind our actions, regardless of personality type. The purpose and intention behind our actions are what truly matter, rather than just going through the motions. It is important to listen and take the time to reflect on the motivation behind the tasks we undertake. Understanding the "why" can help bring meaning and satisfaction to our work and daily lives. So, take the time to reflect and consider the purpose behind your actions, no matter your personality type.

As individuals, we can gain valuable insights from the experiences of others and apply them to our own systems. By incorporating helpful practices and knowledge, we can improve not only ourselves but also those around us. As a professional, I am pleased to provide you with such insights and hope that they benefit you personally and

professionally. I derive a great sense of personal fulfillment from what I do. My writing serves as a medium to share important information and tips with you, as I believe it is the most effective way to communicate with my audience. Whether you read my words now or in the future, they will endure beyond my time on this earth. It is my hope that through my writing, I can leave a lasting impact and continue to contribute to the greater good.

It is understandable that at times, one may not have an immediate answer to the question of why they are doing something. It is important to consider that survival could be a natural and valid reason for one's actions. It is not my intention to condemn women who may feel the need to exchange something they have for the betterment of themselves and their loved ones. While this may not be an ideal way of life, the truth is that it has always been a reality on earth, and it is important to acknowledge this regardless of personal opinions.

It is important to recognize that while I am not able to assist every woman in every city,

there are resources available for those seeking help. It is necessary for individuals to prioritize their survival and make choices that work best for them in their circumstances. Understanding and respecting each person's unique situation is crucial in supporting them as they navigate the available options.

Please note that in various situations, events may not always follow the most logical or expected course. Wisdom and good judgment often play a more significant role in decision-making than pure logic. I hope this message has provided you with some valuable insight.

As we engage in our actions, we are often faced with justifications that may not align with our own beliefs. However, it is crucial to understand the reasoning behind our actions and the impact they may have on those around us. As a philosopher, I understand the importance of gaining knowledge and paying attention to those in diverse situations. This allows us to be wise and intentional in our actions. By listening to others and imagining their perspectives, we can better understand how our actions may

affect them. Therefore, it is critical that we recognize and consider the multiple factors at play before making any decisions.

Developing Emotional Quotient or EQ, alongside a high Intelligent Quotient or IQ, is essential for success in life and work. While IQ denotes cognitive abilities, EQ is all about understanding and managing emotions. High levels of EQ enable people to navigate the complexities of life and form meaningful relationships. As such, it's a skill worth fine-tuning and investing time in. Those with exceptional EQ levels have a better chance of achieving personal and professional goals, even in emotionally challenging circumstances. The good news is that EQ is a learned skill, and it can be developed with practice and mindfulness. It's never too late to start working on improving your EQ, and doing so can make an enormous difference in your life.

Upon examining the various reasons behind people's behaviors, it becomes clear that it's imperative to have a clear purpose behind our actions. By passively allowing life to shape our journey, we fail to prepare

ourselves for the challenges that may arise. While we understand that unforeseen circumstances inevitably occur, we must strive to equip ourselves with the necessary tools to navigate through them successfully. It's essential to have a proactive approach to life, preparing for the best and the worst, to ensure that we are always ready for any situation. You don't know when you are going to die, do you? Does this scare you to death? You don't know where or what will cause your death. But at least you know you will die. What's it that if you die right now you will forever regret doing it? What's it you will regret not doing?

Writing a book can be a fulfilling experience that offers numerous benefits. It may be worth considering why you want to write a book to prompt helpful reflection and goal setting. These questions are intended to be thought-provoking and personal, so feel free to answer them yourself. Taking the time to consider these questions can help you understand your motivations and set you apart as a writer. Keep in mind that this pursuit may not always come without challenges. In some cultures, such as South

Sudan's current environment, community obligations can interfere with personal goals. By examining your reasons for writing, you can make thoughtful decisions about how to navigate such situations.

Self-discovery is an integral part of personal development that allows you to prioritize things that matter the most. It is essential to assess whether focusing on oneself is equivalent to being selfish. As an individual journey, it is important to answer this question for oneself, as it determines the progress towards personal growth. Sometimes certain functions or gatherings may not be a priority, and it is acceptable to opt out as they may not be beneficial in the long run. It is preferred to invest time more astutely in areas that are fruitful for personal and intellectual growth, contributing to the betterment of future generations.

You are amazing! Let me share some tips with you that will help you find purpose and reason in everything you do. By doing so, you will be able to prioritize your time and efforts, allowing you to attend meetings that

will benefit you greatly. Remember, every action you take should be driven by your why - your reason for doing it. If you constantly remind yourself of your purpose, you will be more motivated, productive, and fulfilled in your personal and professional life. So don't settle for attending meetings that won't add value to your journey. Start focusing on your why and watch your life transform in amazing ways. You got this!

10 BEST TIPS ON WHY YOU DO IT

1. **WHAT:** Knowing what you want out of life is key to finding success and happiness. In fact, we have covered this lesson in more detail in the previous chapter and provided 10 tips on how to determine what you should do. By understanding what you need to do, you can determine why you should do it, or why you should stop doing something. For instance, when faced with community events, ask yourself if they align with your values or benefit you in any way. I, for one, only attend events that bring purpose and value to my life. For example, I do not attend most funeral rites because

there are better ways to honor the memory of those who have passed. Likewise, I avoid sports events because I prioritize my time and energy. I encourage you to identify what truly matters to you and ensure that everything you do aligns with your goals and values. You can achieve great things!

- 2. TYPE:** Your career or job may have the potential to make a positive impact on your life and society around you. Understanding the type of career or job you have is crucial to maximizing its benefits. Take the time to categorize it based on its impact, whether it is solely for personal growth or for the greater good of humanity. Remember, your community also plays a significant role in shaping your career path. Be mindful of the community's needs and values and strive to align your career goals with them. By doing this, you can illuminate a path towards self-fulfillment, leading to a flourishing

and rewarding career that contributes to the betterment of society.

- 3. BENEFITS:** Opportunities are waiting for you to grab them. However, it's essential to understand the benefits of what you're going to do before jumping in. Sometimes, you might not know the benefits at the start, but that is a part of the journey. It's crucial to evaluate whether the benefits are personal or go beyond that. For instance, a job with a decent salary might have other benefits, but it might disrupt your inner peace. Always ask yourself, is it worth it? Search until you find your passion, even if it means turning down a high paying job. Don't be afraid to walk away from things that don't align with your values, as it makes you stronger. Remember, you can do anything you set your mind to, and it all starts by choosing the best path by assessing the benefits.
- 4. EFFECTS:** The beauty of life is that you have the power to make choices that impact not only yourself but those

around you. Even if the effects of your actions may not seem favorable to you, know that you have the power to positively influence others. Helping others, even when it may not be convenient for you, is a selfless act that can bring about immense joy and fulfillment. Remember that you are in control of your actions and your mindset. No matter what your personality type may be, your willingness to help others can make a significant impact on your community. So, when faced with a choice that might benefit others, ask yourself what kind of person you want to be and let that guide your decision. Embrace the power of your choices and the positive impact you can have on the world around you.

5. **MAGNITUDE:** Imagine how much impact your actions can have before you take them. Often, we go through life learning from our experiences. But why not take a moment to think about how your actions will affect you and those around you before you do them?

It's a valid question. By doing so, you can evaluate the magnitude of the effects. For instance, taking up a well-paying job you don't enjoy may affect your inner peace negatively. But how severely will it impact you? You should consider this before you commit. Similarly, if a relationship is displaying signs of incompatibility, it's essential to foresee how this will affect each of you. Though it's easy to overlook warning signs, you must learn to measure the good and the bad effects of everything. Remember, it's never too late to change course, and you can always make better choices for yourself and others.

6. **SELF:** Every day, we are faced with a multitude of choices that can greatly impact our lives. It's important to remember that we have the power to make our own decisions and follow our own paths based on what we believe is right for us. We must look deep within ourselves to understand our motivations and why we do the things we do. While it's important to consider

the opinions of others, ultimately, we are the ones who must make the final decision. Never forget that you have the strength and determination to make the right choice for yourself. Trust your instincts and have faith in your abilities. Believe in yourself and always strive for what makes you happy. Remember, you are the captain of your own ship and the master of your own destiny. Take charge and make the decision that is best for you!

7. **OTHERS:** We are all interconnected beings, and our actions can have a ripple effect on those around us. In this beautiful society of South Sudan, let us remember to embrace our social nature and recognize the impact we have on one another. We are all unique individuals with our own reasons for doing or not doing certain things but let us not forget the power of our words and actions on those around us. Let us strive to uplift and support one another in our pursuits, regardless of any differences we may have. By doing so, we can create a

community of positivity and growth, where everyone can flourish. Remember, you have the power to inspire and be inspired by those around you.

8. **EXTERNAL:** Believe in yourself and your own voice. It can be difficult to distinguish our own thoughts and feelings from those of others. However, when making decisions, it is crucial to understand where our motivations truly lie. Sometimes we may be swayed by external factors, like the opinions of friends or family, but it is important to realize that their words should not overpower our own intuition. Take time to reflect on what you truly want and what aligns with your values. Not all external factors are straightforward or easy to identify, but that does not mean they cannot be understood. Take ownership of your decisions and learn about the true nature and potential consequences of the reasons behind them. Trust in yourself and your ability to navigate

life's complexities with clarity and grace.

9. **EXPLORE:** Have you ever thought about exploring new possibilities? It may seem repetitive, but exploring is such an essential part of determining what direction to take in life. There are so many ways and tools available to us, such as listening and watching what others say or do about a certain job or career. All this information can help guide you towards making the right decision for yourself. It's essential to remember that your individual personality and passions play a crucial role in this process. Take this opportunity to explore new paths and find the one that ignites your spirit and fills you with purpose. Keep pushing forward, and don't be afraid to take risks. Embrace the unknown, and let it motivate you to explore even more.
10. **PURPOSE:** The power of purpose is truly remarkable. It is the driving force behind everything we do and what gives our lives meaning and

direction. Without purpose, we are lost. But it's not enough to know what we want or don't want to do; we must understand why we have chosen that path. This understanding gives us the strength to persevere through challenges and obstacles. Every purpose can be deeply personal, and often has the power to impact and inspire others as well. So, today, take a moment to find your purpose. Explore your motivations, your dreams, and what truly moves you. And once you have found your purpose, commit to it, with all your heart. Life is shaped by the decisions we make, and purpose will guide you towards greatness. The world is waiting, so decide and go after what you want with passion and purpose!

Congratulations on taking a step towards personal growth and learning with these ten powerful tips! Each one has the potential to transform your life in incredible ways, so I encourage you to implement them with enthusiasm and determination. Remember, sharing is caring, and I urge you to spread

the word and inspire your loved ones to follow in your footsteps. And, if you want to take it a step further, don't hesitate to reach out to me at www.johnshalom.com. Together, we can push ourselves towards greatness and achieve success beyond our wildest dreams! The future is bright, and it's yours for the taking.

CHAPTER 4: SEEKING OTHERS' OPINIONS

“Opinion is the medium between knowledge and ignorance.” — Plato.

Gathering diverse perspectives is an effective method for evaluating the suitability of a potential career path. As an individual, you possess valuable insights into your own interests, values, and aspirations. Ultimately, your understanding of yourself can offer unique and valuable contributions towards identifying the most fulfilling career choice.

In this chapter, we will be exploring the significance of incorporating the viewpoints of others when selecting your initial or subsequent career paths. Although trusting your intuition is vital, there may be situations where it would prove beneficial to heed the advice of others, particularly when you find yourself at a decision-making impasse. This holds true even in instances where individualism is prized, such as in the Western world. Living in a culture where seeking others' opinions is common might be challenging. In some regions, such as South

Sudan, individuals may encounter people who challenge their behavior, word choice, and general demeanor. It is essential to exercise caution in these situations when considering the opinions of others. While some advice may seem beneficial, it may not be suitable for one's unique circumstances. One should be thoughtful and consider their own thoughts before taking advice from others. It is crucial to be discerning when facing this kind of situation and to consider the impact of utilizing the advice of others versus making one's own decisions based on personal judgement.

Please note that while receiving advice is important, not all advice may be beneficial or relevant to your situation. This fourth chapter of the book provides useful tips on discerning between good and bad advice. As a professional, it is crucial to be aware of the impact that advice can have on decision-making and to seek out advice from trustworthy sources. Let us now delve further into the topic of advice and explore strategies for determining when it is appropriate to consider the opinions of others.

It is important to consider that advice may not always be beneficial depending on its nature or the intentions of the person providing it. Understanding the intentions of the person providing advice is a skill that must be acquired independently. It is important to take ownership of your own outcome and ensure it aligns with your goals and objectives.

When receiving advice, it is important to consider the individuals providing it and their backgrounds. It is possible that their personal beliefs and experiences may have influenced their recommendations, regardless of their relevance to your specific situation. Understanding the individuals providing the advice may provide additional insight into the reasoning behind their suggestions. With this knowledge, you can then make an informed decision as to whether to act upon their recommendations. Taking a thoughtful and measured approach to advice can help ensure that you are making the best possible decision for your career and goals. Determining someone's true intentions can be a challenging task, as individuals can often conceal their true

feelings and motives. It is vital to approach this with caution and keep in mind that jealousy can sometimes be an underlying factor. Acknowledging that human nature can lead to resentment towards another's success is crucial, even if this reality is difficult to accept. It is important to remain diligent in analyzing and understanding another person's intentions, as this can help navigate potential conflicts and misunderstandings. It takes skill and experience to discern what people are really trying to communicate, and it is worth investing time and effort to master this ability.

In summary, it is evident that one's personality type and intentions can significantly influence decision-making. However, other factors may also contribute to misguided advice, such as a lack of knowledge about the subject or career, fear, and indifference. It is worth considering whether traits like fear or indifference can be categorized as elements of one's personality. Additionally, it may be essential to recognize that even well-intentioned individuals can provide inaccurate advice due to a limited

understanding of the topic. Therefore, it is crucial to assess all sources of advice critically and seek out multiple perspectives before making any decisions. By taking this approach, individuals can make informed choices that align with their goals and objectives.

This topic requires careful consideration, as the answers may vary depending on a multitude of factors. The potential responses could be affirmative, negative, or a combination thereof. It's critical to acknowledge that even the most knowledgeable individuals may lack information or expertise regarding a particular subject. Additionally, an individual's personality type could contribute to their knowledge gap. It's crucial to conduct an in-depth analysis and gather as much information as possible before arriving at a definitive conclusion.

Based on my personal tendencies, it's possible that I may not be up to date with current events such as the recent developments in Afghanistan where the Taliban has taken over after a 20-year defeat

by the West. This is simply a matter of my personality type, and I recognize that it's important to stay informed and educated on global affairs.

It is possible that a lack of knowledge or information regarding a topic or profession is due to a variety of factors, including personality traits and circumstances. It is important to trust your own judgement when others do not offer their opinions. In some cases, disinterest in a particular subject or career may be a result of one's personality type or situation, as mentioned previously. It is important to understand that not everyone will be interested in every subject, and this is what makes individuals unique. Discovering your personality type can be beneficial in making important decisions, such as choosing a career path. This is a common topic in personal and professional development literature, and our main aim is to help you discover and improve your true self. By seeking out feedback from others, you can uncover your strengths and find a career that is a good fit for you. This chapter is designed to support you in these efforts.

In the journey of discovering your career path, seeking guidance from others can be invaluable. Consider individuals who share similar personality traits, but also those with opposing traits. While advice from both can be helpful, it's important to be cautious of conflicting perspectives that may not align with your own intuition. Trusting your instincts is crucial when making such a significant life decision. Ultimately, you hold the knowledge and insight needed to choose a career that aligns with your goals and values.

It is important to recognize that at times, seeking the opinions of others may be necessary even when unsure of what you want. While you have the greatest understanding of your own desires, there may be challenging circumstances where outside perspectives are valuable. It is essential to remain open-minded and consider the advice of experts in these situations, as they may bring a unique view or specialized experience to the table. Ultimately, the decision remains up to you, but it is prudent to gather diverse viewpoints and deliberate carefully before making a

final choice. Remaining open to feedback and guidance can lead to more informed decisions and improved outcomes.

When considering a career path, it can be helpful to seek advice from individuals who know you well and can provide honest feedback. These individuals may include parents, siblings, biological relatives, peers, or close friends. By considering their perspectives on your personality traits and potential career options, you may gain valuable insights that can inform your decision-making process. Seeking guidance from trusted sources can help you make a more informed and thoughtful decision when it comes to selecting a career path.

As a professional, it's important to remember that parents, while often well-meaning, are also human and can make mistakes. In situations where you feel your parents may be deciding that you don't agree with, it's important to communicate your concerns with them in a respectful and open manner. Remember, your parents raised you and know you well, but that doesn't mean they're infallible. By calmly and maturely

expressing your thoughts, you can help ensure that the decision made is in the best interest of all parties involved.

It is important to remember that while our friends and colleagues may have good intentions when offering advice, their perspectives may not always align with what's best for us. It's crucial to exercise caution and make informed decisions based on all available information. As we've seen in history, even the most well-intentioned advice can lead to disastrous outcomes if not carefully considered. Let's take a measured approach to advice and rely on a variety of trusted sources before making any important decisions that may shape our future.

You are on the right track! I am so excited to share with you my top ten opinion seeking tips that are sure to assist you in your quest for valuable insights. By following these tips, you will be able to gain a better understanding of the thoughts and perspectives of those around you. This is a crucial skill in personal and professional relationships and will help you to better communicate and collaborate with others.

So, take a deep breath, get ready to learn, and let's dive into these ten helpful tips together. Remember, you're capable of great things and with the right mindset and tools, there's no stopping you from achieving your goals!

10 BEST OPINION SEEKING TIPS

1. **YOUR IDENTITY:** Your journey towards self-discovery begins with understanding your unique identity. Discovering your personality type unlocks the key to living a fulfilling life with purpose. By understanding your authentic self, you empower yourself to confidently navigate any situation that comes your way. Embrace your individuality and take the time to truly know yourself. Remember, your identity is not defined by the opinions of others, but by the essence of your being. So, take charge of your life and seek clarity in your purpose. You are meant for great things, so go ahead and be your authentic self!
2. **YOUR PURPOSE:** Your purpose is the driving force behind your personality

type. Understanding this purpose will help you align yourself with your goals and determine which opinions you should value. This purpose can be woven into your vision and mission statements, guiding your life's plans. What is it that you want to do? What legacy do you want to leave behind? Remind yourself of your goals and use them to filter other people's opinions and advice. You have a unique purpose that only you can fulfill, so allow it to guide you towards a fulfilling and rewarding life. Trust yourself, trust your purpose, and trust that your personality type will lead you on the path to greatness.

3. **CAREER TYPE:** Are you ready to take control of your career? It's time to prioritize your own opinions and beliefs. Think deeply about what you want from your career. Is it aligned with your purpose and values? Don't settle for just surviving - strive for fulfillment and passion in your career. Take a moment to reflect on these important questions and allow

yourself to explore every possibility. Your career can be an expression of your true self and can bring immense joy and satisfaction. Embrace your unique gifts and talents and trust in yourself to navigate your career journey with purpose and intention. Remember, your future is in your hands.

- 4. PEOPLE'S PERSONALITIES:** When it comes to discussing your career, it's important to surround yourself with positive and like-minded individuals who share your values and aspirations. Seek out those who are already excelling in the industry you're interested in and who have a passion for what they do. Their enthusiasm and expertise can provide you with valuable insights and guidance on your own career path. Remember, the people you choose to listen to can have a significant impact on your success. So, choose wisely and surround yourself with positivity, encouragement, and inspiration. With the right mindset and guidance from

those who share your passion, you can achieve greatness and make your career dreams a reality.

5. **PEOPLE'S KNOWLEDGE:** It is important to seek advice from those who are knowledgeable in the subject matter. However, this does not mean that individuals lacking in certain knowledge cannot think critically and express insightful views. The key is to recognize the worth of advice provided by knowledgeable individuals as they can offer you valuable insights and advice based on their expertise. Remember, knowledge is empowering and seeking advice from those with relevant expertise can help you make informed decisions and achieve success. Keep learning and exploring to gain valuable insights and use them to make smart choices for yourself and your future.
6. **PEOPLE'S INTENTIONS:** Your journey towards finding the right career path can be overwhelming, but it's important to remember to follow your passion and intentions. The

people advising you may have their own opinions, but it's crucial to consider their intentions and how they align with your own. Knowing yourself is key in this quest. Take a moment to reflect on your identity type and consider if this career fits your passion. Do you enjoy the process of your desired profession or just the rewards? For me, writing is not just fulfilling, it's my passion and creative outlet. I know that my time on earth is limited, which is why I prioritize my love for writing above all else. Pursuing your passion will bring you fulfillment and joy beyond financial gain. So, take your time, go deeper into the idea and don't be afraid to follow your dreams!

- 7. PEOPLE'S INTERESTS:** It is important to consider that individuals may have varying interests than your own. However, it is crucial to determine whether their interest's conflict with yours and affect their current intentions. By assessing their advice and considering your own

priorities, you can make an informed decision. It is worth noting that a person's interests often mirror their personality. Therefore, it is necessary to carefully examine the situation and take appropriate action.

8. **YOUR KNOWLEDGE:** What if you already have the answers within you? What if you could tap into your own wisdom and find the path that brings you true fulfillment? It's possible! While education is important, there's more to discovering your career than just going to school. The first step is to look within and explore your passions and interests. By understanding yourself, you'll gain insight into what drives you and what you truly want from your career. This will empower you to make choices that align with your values and aspirations. Don't let the opinions of others distract you from your path. Trust in your own knowledge and intuition. You can create a life and a career that brings you joy and purpose. Believe in

yourself and take that first step towards unlocking your full potential!

- 9. YOUR INTENTIONS:** Your journey to finding the right career isn't just about your personality type, knowledge, or purpose, it's also about understanding your intentions and goals. Imagine landing your dream job and creating the life you desire. What are your intentions? What are your goals? When you know yourself deeply, your intentions will guide your every move towards your desired future. This book is here to help you on that journey. Lack of self-knowledge may be holding you back, but you can discover who you are, what you want to achieve, and how to get there. You are unique and have something special to offer to the world. Take a moment to reflect on your current intentions and ensure that you're following something that resonates with your soul. Remember, your intentions have the power to transform your life.
- 10. YOUR EMOTIONS:** Your emotions are a powerful tool in making life

decisions. They are an indication of your true desires and passions. Don't let others' opinions or feelings cloud your judgement and lead you astray from your goals. Take the time to tap into your intuition and discover what truly makes you happy. This journey of self-discovery may take time and effort, but it is worth it to confidently step into your own path. Remember, you have the power to make the final decision and create a fulfilling career that aligns with your values. While it's important to listen to advice, make sure it resonates with your own desires. Trust yourself and follow your heart. The world is waiting for you to shine.

Congratulations on finishing this chapter on taking other people's opinions! You now have a set of valuable tools to help you navigate the world of career development. Remember, you are still in charge of your own path, and you have the power to make informed decisions. Trust yourself and your abilities. Take a moment to breathe deeply and imagine your ideal career. Knowing yourself

is key to thinking like yourself. Share your thoughts and experiences with others on the website – your insights could inspire and motivate others in their own journeys. Head over to www.johnshalom.com to start a live chat and connect with like-minded individuals. Keep up the great work, and best of luck on your career journey!

CHAPTER 5: HEART KNOWLEDGE

“Pursue what catches your heart, not what catches your eyes.” — **Roy T. Bennett.**

Heart knowledge is a crucial aspect of decision-making that involves following your instincts or gut feelings. After gathering opinions from other individuals, tapping into your heart knowledge can help you make informed choices that align with your desires and aspirations. By listening to your inner voice, you can gain a deeper understanding of what truly matters and make decisions that are in line with your personal and professional goals. As discussed in the previous chapter, heart knowledge plays a critical role in career discovery and can help individuals make choices that lead to long-term success and fulfillment.

As you may already be acquainted with, the concept of knowledge can be divided into two distinct categories, namely head knowledge, and heart knowledge. Head knowledge pertains to an individual’s cognitive capacity to comprehend and process information, while heart knowledge encompasses an

individual's core beliefs and values. It is imperative to recognize and distinguish between these two forms of knowledge as they play a pivotal role in shaping an individual's perception of the world and their decision-making abilities. Therefore, it is recommended to foster and develop both head and heart knowledge to enhance our overall understanding and personal growth as professionals.

In this chapter, we will be discussing your personal beliefs in the context of career discovery. It is important to understand the authenticity of these beliefs and how they align with your goals. To determine the truth in what your heart is saying, we will delve into the process of self-reflection and analysis. By exploring your values, skills, and passions, we can assess whether they align with your career aspirations. It is crucial to recognize the significance of this alignment as it can lead to a more fulfilling and rewarding career path. Through this chapter, we hope to provide you with guidance and insights that will help you discover and pursue a career that is in harmony with your true beliefs.

This series aims to highlight the importance of self-discovery. By gaining a better understanding of your personality type, beyond simply identifying your personality traits, you can gain insight into your true desires. It's essential to recognize that you are more than your thoughts, words, or deeds and have a depth beyond what you express to the world. Your reactions to the world are influenced by external factors that are subject to change over time. As a result, it's common for individuals to misunderstand self-discovery events as self-improvement efforts. This is why developing a comprehensive understanding of your personality type is critical to your personal and professional growth.

It is important to recognize that personal growth and development come from continuing to improve upon the qualities and characteristics that make up our authentic self. One's true nature is inherent and unchanging; however, life's experiences can provide opportunities for self-improvement and growth. By acknowledging this, we can approach personal development by focusing on enhancing our existing strengths through

adapting to the various situations and circumstances we encounter in life. It is possible to improve ourselves by applying our unique qualities in a productive and positive manner through trial and error. By embracing this mindset, we can continue to evolve and develop both personally and professionally.

Self-discovery is a crucial aspect of our lives, and it forms the core of the four books in this series. As you embark on this journey of self-discovery, you'll come to realize that your thoughts merely stem from your mind. In this context, the heart refers to the center of humanity, which is also known as consciousness. It is the immaterial part of you that processes and understands critical issues such as career choices. Your thoughts, no matter where you're from, are unique to you, making you the only individual with your exact thoughts and perspective in the world. This realization emphasizes the importance of self-discovery as a tool to not only understand yourself but also to understand and appreciate others better.

Within the same context, it can confidently be stated that with proper consideration and reflection, one can make an informed decision regarding their career path, whether it's their initial choice or subsequent alternative paths. As highlighted in preceding sections, possessing self-assurance in one's career aspirations should not preclude consideration of valuable advice.

The topic at hand is the identification of valuable guidance. How can individuals differentiate between sound and harmful advice? It may be beneficial to refer to the previous section for information regarding these inquiries. To progress further, one must first gain a comprehensive understanding of themselves, and in this instance, you are the primary focus of our conversation.

WHO ARE YOU?

Understanding oneself is an essential step in discovering a career path and defining one's purpose. Chapter 2 and 3 already explored what and why questions, but it's equally important to ask who you are as a person. Self-discovery involves an honest assessment

of one's desires, strengths, and values. By understanding oneself, individuals can gain insight into their hearts and minds, which can facilitate decision-making processes. People often define individuals based on their hearts, and acknowledging and understanding this is key to pursuing a fulfilling career.

As previously discussed, it is important to understand that your body, mind, feelings, and emotions do not define your identity, but rather they belong to you. You may be referred to by others using your title or name, however, it is crucial to recognize that these identifiers are not synonymous with your personal essence. It is imperative that we separate these external factors from our inner selves to gain a deeper understanding of who we truly are. By doing so, we can make more informed decisions that align with our values and beliefs. It is therefore essential to reflect on our own sense of identity, separate from our external characteristics, to cultivate a more authentic and fulfilling existence.

In my place of birth and upbringing, it is customary for individuals to address each other using their respective titles or the name of their offspring, if applicable. Alternatively, one may be addressed using the name of their father in the case where they have not yet bore a child and have reached adulthood.

Addressing individuals with their appropriate titles is a practice that is deeply ingrained in many cultures. Showing respect with formal titles, a person's child's name, or even their father's name is a courteous way to approach others. In the region, typical titles include bull's colour or social status markers. These honorifics can help establish a positive and professional demeanor during formal interactions.

It is somewhat unconventional in my culture to categorize names as first, middle, and last. Instead, my name is a combination of my own name, my father's name, and my grandfather's name. As such, it can be difficult to determine which name should be considered "first," "middle," or "last." Nonetheless, I understand that this system

is the norm in other cultures, and I am more than happy to comply with any naming conventions that are necessary in our professional interactions.

In my experience with naming conventions, I have encountered some confusion. My given name is Monyjok Maluth Abiel, which may also appear as Wiyual Maluth Biel, Mony-yuat Maluth Abiel, or Wiyual Tut Lew depending on the language or context. I understand this may cause some difficulties when referring to an individual by various names, however, it is important to note that these names hold the same meaning and refer to the same person. It is essential to communicate clearly and consistently when referring to individuals with different names or naming conventions.

As an individual, I remain attentive to every name mentioned, responding in an equitable and consistent manner. Although this concept may seem unconventional to some in Western society, my cultural upbringing has fostered my deep understanding of this practice. I share this insight to emphasize that our values and beliefs are informed by

our unique experiences and cultural backgrounds. It is essential to recognize that these differences can seem peculiar to others, depending on their own cultural context. I offer this explanation in the hopes of promoting greater understanding and appreciation for diverse perspectives in all settings.

As human beings, the culture and traditions in which we were raised undoubtedly affect our values and aspirations, including those related to our heart's desires. The idea of interconnectedness that John Donne so aptly expressed suggests that we are not solitary creatures, but rather social animals whose experiences are shaped by our interactions with others. This truth is reflected in the way we relate to the world around us and the goals we set for ourselves. As professionals, we must recognize the significance of these factors in understanding ourselves and others, and in fostering positive and productive relationships in the workplace.

It is important to acknowledge the various societal factors that affect our lives; however, it is equally important to recognize that we

each possess unique qualities and characteristics that make us special. Your perspective and behavior are one-of-a-kind, and it is crucial to trust your instincts, even when reading this message. When pursuing a career that aligns with your personality type, you hold the key to your success.

In some regions of the world, such as South Sudan and various parts of Africa, individuals may engage in different types of work primarily as a means of survival. While I cannot speak for every continent, country, or society, this trend seems to persist in certain areas. Although my knowledge is limited to South Sudan and other parts of Africa, I believe that this is a prevalent issue beyond these regions.

If an individual selects a career merely to sustain their livelihood, devoid of any personal inclination, they should contemplate transitioning to a more suitable profession when the opportunity presents itself. A decision that will give them a substantial reason to resign. I acknowledge and respect why one may opt for such a recourse to survive, and I bear no judgment

or criticism towards that decision. It is crucial to prioritize one's life before discovering a fulfilling career path. After all, it is because of individuals like you that careers exist. As someone who has undergone similar circumstances before, I understand the ramifications of living paycheck to paycheck. Your personal desires are of utmost importance as only you have a true understanding of your heart's desires. Even family members can only make assumptions based on what you choose to share with them. It is important to prioritize your own wants and needs over the opinions of others as it is your life and ultimately your decision.

Think.

Decide.

Congratulations on taking the initiative to improve your heart-knowledge! I believe that the following 10 tips will really be beneficial for you. Remember, you can always personalize and adapt these tips to fit your own unique situation. Let's get started on this exciting journey towards a healthier heart! Before we delve into the tips, take a

moment to pat yourself on the back for investing in your own well-being. You are committed to making positive changes in your life and that is truly inspiring. Keep up the great work and let's move forward with confidence!

10 BEST HEART-KNOWLEDGE TIPS

1. **IDENTITY:** This is the foundation of your journey to a fulfilling career. Who are you? Can you articulate your passions, strengths, and aspirations? Your identity is the anchor that will keep you grounded throughout your career path. Emotions are essential, but they should not cloud your judgment and steer you towards a career that does not align with your identity. A logical approach will help you uncover your true potential and enable you to shine in your chosen field. Your career is not just a job, but a lifelong pursuit. Take time to understand yourself and build a career that resonates with your values and aspirations. You have the power to

create a meaningful and fulfilling career that showcases your true potential. Trust yourself and take the first step towards your dream career.

- 2. CAREER VISION:** Imagine living your dream every day with a career that aligns with your personal vision. This isn't just about making a living or earning some extra money, it's about finding a purpose that truly fulfills you. It may be a steppingstone to your dream job or the dream job itself. Whatever it is, create a vision that inspires you and sets your soul on fire. It's not just about setting goals for your career; it's about aligning with your greater purpose. Know that you have the power to make a positive impact in the world while also pursuing your passions. Be like the individual who sets out to help solve a problem with their skills and in return, receives both compensation and personal fulfilment. You too can find that perfect match between your vision and your career and experience a life filled with purpose and meaning.

3. **MISSION:** Discovering your life mission is an exciting journey that can lead to fulfillment and purpose. It's not just about your career but aligning your passions and talents with something greater than yourself. Your personality type, vision, and mission are unique to you and can help guide you towards your heart's desire. Don't be discouraged if you're still in the discovery process, as your identity is not something that can be found in books or in the community, but rather within yourself. Take the time to reflect and explore what makes you come alive and how you can use that to impact the world around you. Remember, you have a unique purpose and contribution to make, so embrace the journey and trust in the process.
4. **PURPOSE:** Do you believe that you were put on this earth for a reason? Your life purpose is what ignites the fire within you to create a vision and mission for your life. It's unique to you - just like your personality and identity - and it's what gives your life

meaning. You may be wondering, "Why am I here?" But the truth is, you have the power to discover your purpose. It's not about creating something new, but rather uncovering what has been within you all along. Think about what you love to do, what you're passionate about, and what brings you joy. That's where your purpose lies. Embrace it, pursue it, and let it guide you towards a life filled with fulfillment and purpose. You have the potential to make a difference, and your purpose is waiting to be discovered.

5. **INTENTIONS:** Your intentions are the foundation of your career journey. Don't let the intentions of others dictate your path. Take ownership of your own aspirations and let your heart's deep knowledge guide you. It's important to know yourself and your purpose because that will give you clarity and direction. Remember, your ultimate purpose is to live, and that may seem daunting, but you can achieve anything you set your mind to.

Believe in yourself and your intentions and let that fuel your ambition. So, what are your intentions right now? Get started on making them a reality and never forget the power you have within you to succeed!

- 6. CAREER:** Believe in yourself and trust the instincts of your heart when it comes to your career choice. Ask yourself, "Is this what I truly want to do?" The impact you can make with the path you choose is invaluable. Look at my writing career, for example. While it may not provide me with a large income at this time, it is the passion that drives my work. More importantly, it allows me to help others through my craft. Regardless of what others may consider to be successful, it's important to follow your own desired path. Choose a career that fulfills you, that brings out the best in you, and that you are passionate about. The outcome may surprise you beyond anything you could have imagined. Remember, you hold the key to your own success.

7. **KNOWLEDGE:** Your knowledge of yourself and the career path you wish to pursue is a powerful tool in making wise decisions. It is important to trust your intuition and listen to your heart's knowledge. While seeking advice and insight from others can be helpful, it is ultimately up to you to make choices based on your own personal understanding. Educate yourself, seek out opportunities for growth, and be confident in your own abilities. Remember, with passion and determination, you can achieve anything you set your mind to. Trust that your knowledge, combined with perseverance and hard work, will lead you to success in your chosen career.
8. **COMPARE:** Embrace the uniqueness of your heart knowledge and use it to shape your career path. Take a moment to listen to your own intuition and compare it with others' advice. Recognize the similarities and differences to gain a deeper understanding of your aspirations. From there, make a conscious

judgement that will lead you to a fulfilling career in line with your life purpose. Your path may not be the same as others, but that is what makes it special. Trust yourself and the inner wisdom you possess. Believe in yourself and the limitless potential that lies within. It is with this mindset that you will unlock your true potential and pave the way towards a successful and fulfilling career.

9. **DECIDE:** With a wealth of opinions at your disposal, you have the power to make a decision that aligns with your heart's desires. You are in control of your future, and by trusting in your intuition, you can take the first step towards the career of your dreams. While it's important to consider the advice of others, remember that your own passions and values should serve as your compass. Believe in yourself and your abilities to navigate this decision-making process. You have the potential to achieve greatness and create the reality you want. Trust in your inner wisdom and take bold

action towards building a fulfilling career that brings you joy and purpose.

- 10. PLAN:** Take control of your life by planning out your actions and paving your way to success. Planning is a powerful tool that can help guide you towards your goals and ambitions. Whether it's on paper or in your mind, creating a roadmap for your journey can give you a clearer vision of what lies ahead. Remember, even the greatest achievements in life began with a simple plan. So why not take the first step and start planning today? By taking charge of your schedule, you'll not only become more productive, but you'll also unleash the full potential of your abilities. Keep striving and plan on!

Congratulations for taking the time to read and learn these ten valuable heart-knowledge tips! By implementing even just one of these tips, you are acting towards making the best personal career choice. I believe in you and your ability to chase your dreams and succeed. Remember to keep your

heart at the center of all that you do, and you will surely thrive. I can't wait to hear about your progress. Keep up the great work, and always remember to strive for peace and happiness in all aspects of your life. Shalom!

CHAPTER 6: GETTING YOUR HANDS DIRTY

“You can’t plant a seed without making your hands dirty.” — **Mariah Dillard.**

As you progress in your career exploration journey, it's essential to have practical experience as well. In the previous chapters, we have explored theoretical ways to discover your dream career, such as personal reflections and input from others. However, in this chapter, we will emphasize the importance of hands-on testing. Practical experience will provide you with an in-depth understanding of what it takes to pursue a particular career. While we have touched on this topic in the past, it's crucial to delve deeper into it for a better understanding. By immersing yourself in different fields and trying out different activities, you will become more aware of what you are passionate about and what career path resonates with you.

Discovering your best career path can be achieved through trial and error. While this approach may not be considered the most effective, many individuals still believe that

experience is the ultimate teacher. It is worth considering whether this belief is founded in actual experience or is simply a perception. There are resources available to help pinpoint potential career interests and paths, such as career assessments, mentorship programs, and informational interviews. Utilizing these tools in conjunction with gaining experience through internships or entry-level positions can lead to a more informed decision-making process when it comes to choosing the right career path.

Having relevant experience is significant when pursuing a career. It involves actively engaging in a particular activity or job. It is vital to ensure that your knowledge is correct, and the next step is to put your plan into action. It is essential to prioritize what to do first, depending on your intended vocation. Typically, the initial stage involves applying for the desired position. During this process, you send a cover letter expressing your interest and highlighting your qualifications, along with supporting documents like certificates. Following these procedures will assure your potential

employer that you are fit for the job. It is worth noting that this example primarily pertains to job applications, but the process may vary depending on the type of career one wishes to pursue.

A career is a vocation that enables an individual to pursue their passions and perform activities they love. Aspiring to construct a career allows for the freedom to work autonomously and power one's destiny. It is also a path where one may be self-employed and be answerable only to oneself.

It is imperative to note that writing, web design, graphics design, social media marketing, and various other fields constitute lucrative careers. These professions afford individuals the opportunity to work independently without necessarily having to apply for conventional job roles.

If you intend to pursue a career in the field you are passionate about, it is important to plan accordingly and take necessary action. Take advantage of opportunities to learn from experienced professionals in your area if you are interested in working with water

pipes. Familiarize yourself with the tools in your field before learning how to use them. For instance, if you plan on using a computer, consider utilizing a word processor and becoming proficient with typing. By doing so, you will expand your knowledge of the multitude of tasks a computer can perform. Gain experience by exposing yourself to a range of industries and disciplines that interest you. Taking these steps will ultimately set you on a path towards mastering your chosen profession.

The acquisition of typing skills can be further enhanced in a personal setting. While classroom-based learning can provide a strong foundation, time constraints may limit practice opportunities. Owning a personal computer can provide an advantageous environment to hone these skills. The convenience of practicing at home can contribute to increased proficiency and ultimately improve typing efficiency.

It is important to consider your personal preferences when choosing a career path. If computer work is not enjoyable for you, it may not be the best fit for your long-term

goals. Although you may have the skills to become proficient in certain areas, it is crucial to find fulfillment in your chosen profession. Ultimately, job satisfaction is essential to maintain a successful and rewarding career.

Upon further observation, it has come to my attention that certain individuals may require more focus and attention when learning how to properly operate a computer. While some may have an innate ability to concentrate on such tasks, others may excel in different areas, such as leadership or time management. As a freelancer who values autonomy, I understand the importance of working at one's own pace without the need for external pressure. It is my belief that individuals who prefer to concentrate on their work rather than directing others may find success in this field.

Back to the point...

To pursue a career in singing, it is recommended to utilize available resources in your community. Consider joining a choir or singing group, as they provide opportunities for growth and development in

the field. Depending on the organization, there may be a membership fee, which should be researched thoroughly prior to joining. It is important to familiarize oneself with the various methods for joining, to ensure a smooth and successful integration into the group. With dedication and effort, one can gain valuable experience and improve one's singing abilities.

If you aspire to become a journalist, you may want to consider joining a new media outlet in your locality or city. In my experience, I once drafted an opinion piece on personal peace one night and submitted it to a newspaper. To my surprise, the article was published the following day. Shortly after, I received a call from a radio station that was running the same newspaper. They inquired if I was available that day, and I confirmed my availability. They then requested to know my location, and within a short while, a driver was sent to pick me up. During the ride, I was the only passenger in the car, and we proceeded to the radio station for an interview with one of their prominent journalists on a talk-show. Then the manager asked if I would be willing to meet

the managing director, to which I happily obliged. During our meeting, the managing director inquired about my proficiency in writing in my native language, like how I speak it. I confidently confirmed my ability to write in my language, ensuring him of my language proficiency. During the interview, I was asked to take notes of what was being discussed. Later, my interviewer took me to the studio room where he made an unexpected announcement to their global audience that I am their next news reader. I was pleasantly surprised and delighted to learn that I would commence my role the following week. Overall, the interview process went smoothly, and I am looking forward to beginning this exciting new journey in my career.

As a professional, it's possible to take steps towards securing your desired employment by leveraging your passion. For example, I found employment through submitting an article that showcased my talent for sharing information. While I was previously working in news broadcasting, I ultimately discovered my love for writing and chose to pursue opportunities in that field instead. Although

my decision to leave my prior job may have surprised some, I remain committed to my passion for writing and believe it ultimately serves me better in the long-term. It's important to be self-aware and prioritize our happiness, while still working towards our professional goals.

If you want to learn how to dig in a garden, learn by doing. Get a hoe and walk right there. Then see how others are doing it and try it, yourself. This will take you a while before you master digging depending on what kind of a hoe it might be. It took me some time in 2012 to learn how to dig with a big hoe because that's what people used for farming in Yei, South Sudan. In Upper Nile, we used smaller and differently shaped hoes to cut weeds. But in Equatoria, you must till the soil. You must dig up the soil together with grass or weeds. This was a new kind of farming for me. But I had to learn it by doing it. I had to watch others and then practice digging until I learned.

To be successful in any field, practical experience is crucial. It is essential to understand your personality type to find the

most effective learning method that works for you. Conducting self-discovery research can help with this process. For instance, if your goal is to excel in football, you must join a local team to receive adequate training. However, it is crucial to have a genuine interest in the sport to give it your best. Personally, I struggle with football as it does not align with my interests, although I once scored a goal in my first forced attempt to play in 2008. With the right interest and determination, anyone can learn and become the best in their chosen field.

As a professional, it is crucial to consider your personality type and what career path aligns with it. For instance, introverted individuals may find it exhausting to engage in excessive socialization. They might prefer working alone while putting their problem-solving skills to the test. In this regard, it is essential to identify your strengths and interests to pursue a career that aligns with your identity. Suppose you are an empath; you might need to consider roles that involve technical skills and limit excessive interactions with others. It is crucial to find a job that not only aligns with your identity

but also offers a work environment that allows you to maximize your potential. By doing this, you can advance your career and achieve professional satisfaction.

Congratulations on your decision to learn by getting your hands dirty! This is such an effective way to absorb knowledge and develop new skills. Keep in mind that mistakes are just steppingstones on the path to success, so don't be afraid to dive in and experiment. Remember to seek out feedback and guidance when needed, and don't forget to celebrate your progress along the way. You are on your way to becoming an expert in your field and I am excited to see all that you will achieve. Keep up the great work!

10 BEST ACTIONABLE TIPS

1. **KNOW THYSELF:** Unlock your true potential with the power of self-discovery. Knowing your own strengths and weaknesses is essential before taking any action towards your dreams. Embrace the journey of self-exploration to gain a deeper understanding of who you are and where you want to be. Believe in

yourself and remember that every step, no matter how small, takes you closer to your goal. These books will guide you on a path of self-discovery, helping you uncover the hidden gems within you. So, let's embark on this exciting journey of discovering ourselves and fulfilling our greatest potential. You can achieve greatness, and it all begins with knowing thyself!

- 2. KNOW THE JOB:** The second step to success is to embrace knowledge. The path to excellence starts with research and a deep understanding of your craft. Take this opportunity to learn, grow, and develop your skills. Understand that as you grow in knowledge, experience, and expertise, you will see tremendous results in your work. Don't be afraid to immerse yourself in your craft and learn everything that you can. It's time to take the leap and start your journey towards fulfilling your wildest dreams. Remember that every step counts, and every day provides an opportunity to learn something new. You've got this!

3. **KNOW WHERE:** Embarking on a new venture can be daunting, but don't let it discourage you. Instead, let it ignite your drive to pursue your dreams. Identify what it is that you want to achieve, and then seek out the resources you need to make it happen. It could be as simple as learning how to use a computer, or as complex as exploring a new field. Whatever it may be, know that there are people and places out there to support you on your journey. Don't be afraid to ask for help or seek guidance from those who have gone before you. Remember, the key is not only to know what to do but to also know where to do it. Keep your focus on your goal, and let the journey be an exciting adventure of growth and self-discovery.
4. **KNOW WHEN:** Time is a precious commodity which can unlock the doors to your dreams. It is essential to identify and grasp the opportunities when they present themselves. For example, if you dream of becoming a singer, it is important to know the

right time and place to showcase your talent. Preparation is key if you aim to become a great preacher or speaker. Remember, time is not just a fleeting moment, but an asset that can help you realize your potential and achieve greatness. Embrace the power of time and make the most out of every moment.

5. **KNOW WHY:** Knowing what you want in life is important but understanding why is what makes it meaningful. Your purpose is unique to you and there's no need to compare yourself with others. Whether it's for survival, passion, or purposeful living, there's a good reason for it. Take time to reflect on your why. It's easy to get lost in the hustle and bustle of everyday life, but your why is what gives you direction and motivation. Our book can help you discover your why and guide you into a meaningful career that aligns with your personality. Trust yourself, believe in your abilities and take the leap of faith towards the life you truly desire!

6. **PLAN:** The next step is your journey towards a fulfilling career that aligns with your passions and aspirations. Take a moment to plan and strategize, envisioning the endless possibilities that lie before you. Allow your creativity to shine through, exploring different paths and opportunities that can lead you towards success. Whether it's through writing job applications, submitting your resume, or taking personal steps to develop your skills and talents, believe in yourself and what you can achieve. Remember, your career can take various forms, from working at a reputable organization, to building your own business, or even pursuing a unique passion project. Trust the journey and have faith in your abilities. With hard work and perseverance, you will achieve the success you deserve.
7. **DECIDE:** You are the master of your fate and the captain of your soul. The power of decision lies within you. Take the time to plan and prepare, but always remember that action is the

key to success. You can chart your own course and shape your destiny. Trust in your instincts and have faith in your abilities. Now is the time to seize the opportunity and decide on your dreams. Take that first step towards your vision, let go of your fears, and make a commitment to your goals. Embrace the power of decision and carve your own path to greatness!

8. **ACT:** The world is waiting for you to act! You have planned, you have prepared, and now it's time to get moving. Whether it's typing, digging, researching, playing sports, or pursuing any other dream, take the first step today. Get your hands dirty and learn by doing. Don't be afraid of failure, as it's a vital step on the path to success. You will sharpen your skills, grow in knowledge, and gain the confidence to reach your goals. Stay focused and determined; practice really does make perfect. Every small action you take today will lead you to your desired results tomorrow. Go ahead and seize the day!

- 9. IMPROVE:** Embrace your uniqueness and individuality! As you embark on your journey to improve, remember that there is no right or wrong way of doing things. Each person has their own special approach and style. Just like how no two people type the exact same way, your way of improving is specific to you. Look at those who type with just one hand and excel at it! With time, dedication, and practice, you too can improve and become a master of your craft. Believe in yourself and your ability to grow, learn, and adapt. Challenges are just opportunities to test your limits and immerse yourself in the process. Keep pushing forward and watch as your skills flourish and shine. You got this!
- 10. OBSERVE:** As I said earlier before I could improve on digging with a hoe, I had to observe, or watch those who knew better than I was. Be inspired by those who have paved the way before you. By watching and learning from these individuals, you will gain invaluable knowledge and experience

that will help you reach your goals. Every opportunity can be a steppingstone to greatness. Keep striving, keep observing, and keep taking in the details. With every moment of attention and focus, your mastery of a skill or job will come that much closer. Your dedication and hard work will pay off, and you will soon find success on whatever path you choose. Embrace the journey and know that each step is a vital part of your growth and development.

Congratulations on completing the chapter and learning the ten actionable tips! I believe that with your determination and eagerness to succeed, you can use these tips to explore your passion for your dream career. Take the first step, try something new, and don't be afraid to make mistakes. Remember, learning by doing is one of the most effective ways to gain knowledge and experience. One day, you'll find yourself living the career of your dreams. Keep pushing! Wishing you all the best on your journey.

CHAPTER 7: VARIETY IS POWER

“The beauty of the universe consists not only of the unity in variety, but also of the variety in unity.”— Umberto Eco.

In this chapter, I will be discussing an approach towards exploring multiple career paths to pinpoint the one that resonates the most with you. This can be considered your primary profession, while allowing room for various minor career pursuits.

In today's economy, we understand that individuals may be faced with challenging circumstances that require them to explore unconventional career paths. It is essential to recognize that if you are struggling to find your ideal career, there are still opportunities to experiment and discover your strengths. Our chapter on the power of diversity can guide you through this process, highlighting the benefits of exploring multiple avenues and finding the best fit for you. We encourage you to use this resource to its fullest extent, as it can provide valuable insight that will undoubtedly contribute to your success.

This chapter follows the previous one and focuses on identifying one's career through trial and error. The process entails experimenting with various activities and persevering until you find your calling. This requires dedication and hard work, as you explore different avenues until you discover the one that resonates with you. You may opt for different approaches or even attempt various roles to find your perfect fit. The journey towards finding your passion is unique to each person and requires practice and patience.

It is important to consider that a fulfilling career aligns with your life's specific purpose and personality type. Your ideal career should reflect your identity, vision, mission, and overall life purpose. Considering these factors can help guide you towards a career path that resonates with your values and aspirations.

As highlighted in the previous chapters, circumstances can compel us to undertake tasks that may not be aligned with our preferences. In such scenarios, our priority is often survival. Consequently, the

forthcoming chapter will provide insights into identifying the ideal time to discontinue unfulfilling activities, regardless of their financial compensation. It is important to note that personal gratification exceeds monetary or other forms of benefits if devoid of fulfillment. However, it is also critical to acknowledge that one cannot operate in this world without gaining some form of compensation.

Maintaining a balance between personal satisfaction and professional success is the goal discussed in this book. Finding fulfillment in your work is closely associated with your personality type. Our primary goal is to encourage a peaceful and prosperous life by doing what we love. Engaging in something that doesn't bring us joy can bring discomfort and does not ensure a peaceful life. Thus, we must persist and keep exploring different opportunities to determine the career that aligns with our personality. It is crucial to remain engaged and passionate in your chosen career to benefit from both personal and professional satisfaction.

As an individual who values personal growth and the well-being of others, it is my desire to help those around me achieve a fulfilled life. My aim is to share my knowledge and information so that others may be empowered to live their lives to the fullest. Ultimately, my personal peace is dependent on spreading positivity and making a difference in the lives of others. I believe that by working together and supporting one another, we can create a more peaceful and prosperous world for all.

To pursue a range of career paths, it is crucial to have knowledge of what opportunities are available. This requires careful consideration of individual personality traits, along with an understanding of various career paths. This information can be gathered through various means, as outlined in earlier chapters of this book.

It is essential to gain exposure to various careers to discover the best path for yourself. Once you have become familiar with the career and have a clear understanding of why it aligns with your personal and

professional aspirations, it is time to take decisive action. As we previously discussed, learning by doing is an effective way to gain practical knowledge and experience. Therefore, it is crucial to act upon your knowledge and seek out opportunities that will help you gain experience in your desired field. By taking calculated steps towards your career goals, you will be able to make informed decisions and carve out a fulfilling career path for yourself.

With exploration and experimentation, you may uncover your passion in the professional world. It is important to note that you may possess multiple talents in your career pursuits. However, our current objective is to identify your greatest strengths. This is your definitive, lifelong profession.

Please permit me to utilize one of my previous examples once more. I understand that I have referenced it on multiple occasions in this book. My intention is to provide practical illustrations that demonstrate the feasibility of the topic at hand. This approach allows readers to see

that my writing is not theoretical but rather has practical applications.

As an educator, my primary career is teaching, as reflected in my legal documentation. It is important to note, however, that my passion for knowledge sharing extends beyond traditional teaching methods. In addition to writing, which plays a crucial role in sharing information, I also enjoy designing websites, assisting fellow writers in getting published, and translating text and video from English to other languages of South Sudan. These endeavors align with my dedication to information sharing, which serves as the cornerstone of my profession.

The internet and books serve as powerful mediums to share knowledge. Additionally, translations and interpretations provide opportunities to convey information in a manner that is comprehensible to a broader audience. It is significant to recognize that increasing access to information requires a level of language accessibility for all individuals. A book that is accessible in all languages has the potential to reach a more

extensive audience and subsequently share knowledge with a more diverse population.

In addition to my experience in web design, I have also provided services in interpretation, translation, and book publishing. Additionally, I enjoy fishing during my free time. Unfortunately, I do not have access to proper equipment or a nearby body of water in certain locations. Nonetheless, my true passion lies in teaching. I believe that dedicating myself to this profession is the most fulfilling way for me to utilize my time on Earth.

As a professional in career development, it is important to recognize that everyone has unique strengths and personality traits that can lead to a fulfilling career path. While my own career may not be the same as yours, I am dedicated to helping individuals navigate their own career discovery journey. In today's fast-paced world, it is common for individuals to experience stress and uncertainty regarding their career paths. Through self-discovery and a focused approach to career development, I am confident that individuals can achieve a

fulfilling and rewarding career path. As a professional, I am committed to sharing my expertise and guiding individuals towards a better understanding of themselves and their career potential.

I have come to understand the value of self-awareness in achieving a fulfilling life. It is my belief that suicide should never be seen as a solution to life's challenges. While there may be rare cases where one may choose to let go, it is important to note that enduring difficult circumstances can lead to greater happiness in the end. I would encourage anyone who may be struggling to seek support and guidance from trained professionals who can provide effective strategies to manage their challenges. Remember, life is a precious gift, and every individual has a unique purpose on this planet. Let us all strive to live our lives to the fullest and make the most of the time we have.

Congratulations on taking the first step to exploring multiple career paths! This is a wonderful opportunity to discover the perfect career for you. By following these ten tips,

you'll be able to delve into a variety of careers and find the one that will make you feel fulfilled and passionate about your work. Embrace this journey and remember that every step you take is bringing you closer to discovering your true calling. Keep an open mind, stay curious, and don't be afraid to take risks. You've got this!

10 BEST VARIETY TIPS

1. **EXPOSURE:** Just like discovering your passions, exposure to various careers is essential to finding your true calling. Take the first step in exploring your potential by immersing yourself in various career paths. Opportunities to learn and grow surround us, and they often come in the form of unexpected encounters. Therefore, keeping an open mind and embracing new experiences can lead you to your dream job. Remember, it's not always about knowing the end goal right from the start; it's about taking the necessary steps to pave a path towards success. Get curious, stay curious, and embrace every opportunity to expand your knowledge

and skills. Remember, the journey may be challenging, but the outcome will be worth it.

2. **NEEDS:** The first step towards achieving your dream career is to understand why you need it. Take time to think and explore your passions and interests. It's important to find a career that fulfills you and aligns with your values. Remember, it's never too late to pursue your dreams and find your purpose. Don't be afraid to take a leap of faith and go after what you truly desire. Your journey may not be easy, but it will be worth it. Trust yourself and believe in your abilities. With dedication and hard work, you can achieve anything you set your mind to. Remember, the sky's the limit!
3. **WANTS:** Everyone has a unique desire to achieve something in life. These desires may not be a necessity to survive but they are essential to fulfill our personal aspirations. It is essential to identify our wants and follow them with passion. One may

think that living in a village doesn't require money but to fulfill our dreams and ambitions we need it. The mid-1990s introduced me to money and even though it wasn't a need for me, it was an essential want. I believe every individual deserves to have a want that pushes them towards achieving their goals. It is the fuel for our dreams and a way to lead ourselves towards success. So, let us focus on our wants with determination and motivation, and work towards fulfilling them to reach our desired destination.

4. **CAREER TYPE:** The journey to finding your dream career may not always be easy, but it's important to take the time to explore and discover what you really love. Take a step back and reflect on your current career path - what motivates you? What skills are you using? What brings you the most joy and fulfillment? By understanding the type of career, you have now and why it may not be a good fit, you're closer to finding a more fulfilling

career in the future. Remember to stay true to yourself and don't be afraid to take risks and try new things. With dedication and perseverance, you can find the career of your dreams and live a life full of passion and purpose!

5. **VISION:** What is your vision? Does it align with your personality? Even if it doesn't, remember that you can achieve incredible things. Your vision may just be the push you need to take the next step. Don't be afraid to try new things - it's how we discover our true passions. If a career path isn't aligned with your personality, it's simply an opportunity to explore other avenues. Take time to compare your options, using your vision as the ultimate guide. The journey may not always be easy, but it's worth it to reach your full potential. Believe in yourself and trust your journey - the possibilities are endless!
6. **MISSION:** Follow your mission and specialize in it. Embrace your calling and make it your career for life. Find what drives you and pursue it with all

your heart. For me, teaching is my passion, and it aligns with my life's mission of promoting peace and knowledge. When you find your purpose, every day becomes an opportunity to make a positive impact. Remember, you have the power to create the future you desire. Act and live your life with intention and purpose.

7. **PURPOSE:** Purpose is the driving force that propels you towards your dreams and aspirations. If you're not aligned with your life's definite purpose, then it's time to find other reasons to pursue your passions. There are countless reasons why you may want to do what you do, and each of them is valid and important to explore. Don't be hard on yourself, but instead focus on acting towards what brings you joy and fulfillment. Life is full of possibilities, and each of us has a unique purpose that we can discover with time. If you're here reading this, then you're already on the path towards finding your purpose. Keep

going, keep learning, and keep growing. Embrace the journey and trust that you will find what you're searching for.

8. **IDENTITY:** Have you ever dreamed of being known for something special? For me, I am proud to be called a **PASTOR**. It may have different meanings for different people, but to me, it's a true calling. Some may see it to beg for money, but I know it to be a noble profession. It's a career that has brought me joy, fulfillment, and purpose. I believe that everyone deserves to find their true calling in life, something that ignites a spark within them and makes them feel truly alive. Don't let the opinions of others deter you from pursuing your passions and living your best life. Find your calling and pursue it with all your heart. Your identity is something truly special.
9. **PLACE:** Don't forget the importance of finding the right place to pursue your career goals! The environment we find ourselves in often plays a significant

role in shaping our lives. Therefore, it's vital to choose a place that will support your growth and development. Embrace the opportunities that lie in different places at different times - it could be the place where you test and develop new skills, or the place that offers you your dream job. Whether it's a bustling city or a cozy home office, don't underestimate the power of location. Take the time to seek out the perfect place to turn your dreams into reality and make your career aspirations a success!

- 10. TIME:** It's true that learning takes time and effort. But don't let that discourage you! The more you invest in yourself, the greater the reward. Take the time to explore different career paths, to hone your skills and to practice, practice, practice. Don't give up at the first sign of difficulty. Remember that with hard work and perseverance, success is always within reach. Take advantage of every opportunity to learn more, whether it's through theoretical study or hands-on

experience. And trust that all your efforts will pay off in the end, as you build a fulfilling and rewarding career that you're truly passionate about. So don't just survive - thrive! With time and dedication, you can achieve greatness.

Congratulations on taking the first step towards exploring different career options! The tips mentioned above are an excellent guide to help you navigate through this exciting journey of self-discovery. Remember, it's perfectly okay if you don't have it all figured out just yet. Consider each experience a steppingstone towards finding your true calling. Don't be afraid to try new things, take risks and embrace challenges as they come your way. Your willingness to explore will only lead you closer to where you're meant to be. Share these tips with those around you and inspire them to do the same. Together, we can all achieve our dreams. Keep pushing forward and stay positive, success is just around the corner.

CHAPTER 8: QUITTING MOMENTS

“If at first you don’t succeed, try, try again. Then quit. There’s no point being a damn fool about it.”

— W. C. Fields.

The saying "quitters never win, and winners never quit" is only partially true and can be misleading. While perseverance is important in achieving success, it's not always applicable in every circumstance. There are no universal solutions or rules that work for everyone. It's important to think critically and evaluate each situation independently, using your own judgement and experience to determine the best course of action.

In this 8th chapter, you will learn when and why to quit doing something that doesn't align with your vision, mission, purpose, or personality type. Previous chapters have emphasized that everything you enjoy doing must relate to these aspects of your life or else you should quit. So, the question is, when is it time to quit?

It is important to understand why it is necessary to discontinue this task. We

recommend that you personally undertake this responsibility. Through your exposure to this career, you have gained a comprehensive understanding of what it entails, why it is pursued, and why it is necessary to let it go. Your commitment to this task has been fueled by both personal passion and the opinions of others. We commend your efforts to improve your work and experiment with different approaches. However, it is now time to stop this pursuit. Continuing would not be in your best interest.

Doing the same thing repeatedly and expecting different outcomes is commonly known as a sign of madness or insanity.

BUT WHY ARE YOU QUITTING? Are you sure this is not your best career? What if you keep trying? Won't you master it in the end?

As an individual, it's important to ensure that we're making the right decisions that align with our passions and values. I understand that you're considering moving on from your current position, and I commend you for taking the time to assess your own journey. It's vital to appreciate the journey in any job or career, and I'd like to

share an example from my own experience. Please note that my intention isn't to boast; rather, I aim to demonstrate my point. Personally, I find enjoyment in the writing process. As long as I'm producing something that's useful to both me and others, I truly love what I do. This satisfaction and fulfillment are unique and can't be found elsewhere. I'm confident that with my new book, I'm making a genuine difference in someone else's life - and that brings me immense joy and satisfaction.

As caring individuals, empathy prioritizes the needs of others, as well as their own. While monetary compensation is appreciated, it is not the sole motivator behind their actions. Empaths take pride in the work they do, finding fulfillment in the process of creating and assisting others. To them, money is a means of acknowledgement, but the true reward lies in the satisfaction of making a difference in someone's life.

It is important to fully understand the reasons behind quitting before acting. Take the time to reflect on what it is that you are

quitting and why. It may also be helpful to review previous steps taken to gain a comprehensive understanding. If your decision to quit is based on financial obligations or the need to simply survive, it may be in your best interest to consider a new career path. It is crucial to have a solid plan in place before making any drastic changes. Therefore, it is recommended to ensure that you have a clear understanding of your next career move before making the decision to quit.

It is important to establish financial stability before making the transition from a full-time job to freelancing. Planning and ensuring that a steady income stream is in place can help mitigate risk and provide a strong foundation for success. Freelancing can be a fulfilling and rewarding career path, but it requires careful consideration and preparation. Rather than simply quitting without a clear plan, taking the time to build up savings and secure long-term clients can help ensure a smooth transition. Ultimately, proper preparation can pave the way for a successful and sustainable freelance career.

I would like to share some personal insights regarding the decision to leave my job. I want to share a specific experience with you. In 2016, I was a news reader with one of the leading media houses in my country. Although I was earning a substantial salary, I found the job unfulfilling, and as such, I resigned. Making the decision to quit a job can be a challenging task, and it is essential to weigh your options appropriately. I hope my personal experience can help guide you in making the right decisions regarding your career. An instance of leaving a job could include occupations such as serving as a radio operator during the period of 2006-2007.

I quit.

As a professional in the medical field, I have received extensive training and practical experience that has allowed me to develop expertise in this industry. With a combination of 8 years of medical experience and an additional 9 months of rigorous practical training, I am confident in my ability to provide top-notch medical care.

I quit.

As a highly skilled individual, I have a diverse set of talents and experiences that I have honed over the years. In the past, I have demonstrated my expertise in numerous areas, including crafting herbal remedies, constructing traditional homes and shelters, and aiding those in need without seeking compensation. Additionally, I have honed my survival skills through hunting, fishing, and serving as a well-trained veteran in 1998. Although I excel in a variety of fields, I have determined that pursuing a career as a soldier is not in line with my personal and professional goals.

I quit.

Although I found the processes involved in these tasks enjoyable, the primary motivation for completing them was financial compensation, except for the herbal medicine case. It's important to note that village life differs greatly from that of urban areas. In towns, individuals must work for monetary means, whereas in villages, resources are often easily obtainable. For instance, I could catch fish, hunt deer, and trap birds without cost. Conversely, in towns, nearly all goods

must be purchased, including firewood. This fundamental contrast leads me to prefer village life.

Throughout half of my life, I had the opportunity to reside in rural areas, an experience which undoubtedly enriched my perspective on life. As a result, I find myself having a uniquely distinct worldview compared to those who have always lived in urban areas. Having relocated to urban centers, I now possess an invaluable set of skills and insights that I am eager to share with others who have not had the opportunity to explore these environments.

As professionals, we can always expand our knowledge and acquire new insights from different environments. Even the most knowledgeable individuals can benefit from learning new perspectives when visiting unfamiliar places, such as a village. Similarly, those who reside in a village can gain valuable knowledge when experiencing life in a town for the first time. It is essential to maintain an open mindset, embrace diversity, and continuously acquire knowledge to achieve personal and

professional growth. By doing so, we can become well-rounded professionals who can navigate any situation with confidence and excellence.

In rural settings, the forest often plays a crucial role in the daily lives of individuals, and learning how to utilize its resources effectively requires instruction. Similarly, when someone from a rural area transition to a more urban environment, there may be a need for guidance in utilizing modern conveniences, such as a toilet - particularly if the facility is near living spaces. It is not uncommon for individuals to feel a sense of discomfort or awkwardness when using such facilities for the first time. Sensitivity to these issues and clear communication can help facilitate the transition for individuals adjusting to urban life.

Congratulations on considering a change in your current situation! It takes courage and self-awareness to recognize when it's time to move on and make a change. These ten tips are here to guide and support you as you take steps towards a new and exciting chapter in your life. Remember, change is

not always easy, but it is necessary for growth and fulfillment. You could create the life you want and deserve. Keep an open mind, stay positive, and trust in your own abilities. You got this!

10 BEST QUITTING TIPS

1. **KNOW WHAT:** You have the power to make a change in your career by discovering your why. Take a moment to reflect on your passions, interests, and strengths. This will help you gain clarity and focus on what you truly want to achieve. Once you have discovered your why, understand that it's okay to try different ways to improve your current career before planning. Sometimes, it's not about quitting but about finding ways to make your current career work for you. However, if after trial and error, you realize that your current career isn't your best fit, don't be afraid to move onto something better. This will open new opportunities and a chance to do what you love. Remember, the first step to success is knowing your

why. So, take the time to discover it and make your dreams a reality.

2. **KNOW THE WHY:** It's important to understand the reason for quitting. If you're not enjoying the process or the pay is not enough, these are valid reasons to quit. However, if you don't have other options, you should stay even if you hate it because it's providing for you and your family. Know when it's time to quit but be wise and careful.
3. **KNOW WHEN:** It is important to carefully consider the timing of your decision to quit your current job. It is advisable not to make such a decision without a solid plan in place to support yourself and your family during the job search and transition period. It is crucial to make a wise decision in this regard since the timing of your departure is equally as important as the decision itself. Take the time to assess your current situation and weigh the pros and cons of quitting before making any decisions.

4. **SITUATION:** It is essential to consider your current circumstances before making any career decisions. If your current role is your only source of income, it may be advisable to delay any decisions regarding quitting. However, if your situation permits, exploring alternative career paths can be a positive step towards identifying a fulfilling and personally rewarding profession. A successful career should align with your personal values and abilities. For instance, it is unnecessary to pretend to possess certain qualities that do not come naturally. Remember that everyone has the potential to cultivate inner peace and should strive to identify a career choice that reflects their individual nature and potential.
5. **WANTS:** As previously discussed, it is important to differentiate between wants and needs. Wants refer to things that we desire but are not essential to our survival and well-being. Clothing, for example, falls under the category of wants, as we can

still lead healthy lives without them, provided we have access to food and shelter. It is important to understand our wants and prioritize them accordingly, while ensuring that our basic needs are met. By doing so, we can make informed decisions and lead more fulfilling lives.

- 6. NEEDS:** It is crucial to thoroughly assess your needs and wants before making the decision to quit your current career or job. It is important to align your job with your personality type to ensure you are fulfilled and perform at your best. For example, if you are a teacher like me, you may find that a job in the peace and reconciliation department is more in line with your personality type rather than a position in an office environment. Personally, I find joy in addressing different groups of people on various topics as it gives me a sense of fulfilment by sharing my knowledge. Therefore, it is essential to consider your personality type and how it aligns with your job to ensure

long-term satisfaction and success in your career.

7. **IDENTITY:** As emphasized throughout this book, an individual's identity serves as the foundation of their personality type. Thus, it is crucial to acknowledge its significance in determining one's desired career path. Being cognizant of your personality type and how it aligns with your occupation can effectively aid in making informed decisions about staying or leaving your current profession. Ultimately, the goal is to pursue a career that resonates with your identity and brings about personal fulfillment. Hence, it is advisable to reflect on your identity, assess whether it is in harmony with your career, and take appropriate action if misalignment is evident.
8. **VISION:** Having a clear vision can serve as a guiding light for setting goals in different time frames. Whether it's a short-term, medium-term, or long-term vision, it helps to define what you aspire to achieve in

the future. It can be an important milestone in your personal and professional development. Understanding your vision can help you make informed decisions about your career path, whether it's time to continue or move on to something else. If your short-term goal is to earn money, you may stay committed, even if the process is not enjoyable. However, if it doesn't align with your passions and doesn't pay well, it might be necessary to explore other options or career paths.

- 9. PURPOSE:** Your career path must align with your purpose to ensure job satisfaction. While life can present unexpected situations, identifying your purpose can serve as a guidepost for both your career and personal life. Your purpose may manifest as a life purpose or a career-specific purpose. Once discovered, you can evaluate whether your current job is in alignment with that purpose and make informed decisions regarding your career trajectory.

10. MISSION: The differentiation between mission and purpose is an essential aspect of career development. Mission denotes the daily activities that an individual performs to attain their vision and purpose. If you have a clear mission statement, you can determine whether to continue with your present job or embark on a new career path. Constructing a mission statement can support your life or career mission, and ensure you remain focused on fulfilling your ultimate goals. It's advisable to develop a mission statement that aligns with your vision to achieve your objectives optimally.

Congratulations on taking the first step towards quitting your career! It's never easy to make a tough decision like this, but rest assured that you have what it takes to succeed in what's next for you. These ten tips have been carefully selected to guide you through this transition and help you move forward towards a brighter future. But don't stop there! Remember that quitting isn't an end, it's a beginning. It's your chance to

explore new horizons, learn new skills, and chase after your dreams. Connect with me on my website and let's continue this journey together. You got this!

CHAPTER 9: HAVING PEERS

“A researcher that has a brain that functions differently from their peers is at an advantage, as they can see things that the others cannot.”—

Steven Magee.

In this book, the initial chapters are centered on personal exploration to help identify potential career options, apart from chapter four. However, this ninth chapter represents a significant shift towards a new approach - the significance of listening to your colleagues to discover the best career path, whether it be your first or next opportunity. This chapter will provide a valuable guide for those seeking to make informed choices about their professional development through the insights and advice of others within the workplace.

As previously noted, it's important to recognize that your peers are individuals with unique experiences and perspectives, distinct from your own. Even if they share your specific personality traits, it's crucial to exercise caution when relying solely on their

guidance, particularly concerning critical decisions surrounding your career path.

This chapter provides insights on discerning when to heed or disregard advice from peers. Peers consist of individuals on the same level as you, be it social, educational, age, or friendship-wise. They offer advice with the best of intentions, but are also inclined to their motives, perspectives, and biases. It is essential to evaluate the credibility of their advice by considering factors such as their knowledge on the topic, personal biases towards it, and intentions in sharing the advice. Adopting a critical mindset when evaluating advice from peers enables you to make productive decisions and discern which guidance will play a meaningful role in your career path.

In Chapter Four, we gained valuable insights into the art of actively listening to others. However, the discussion was of a general nature. In this chapter, we will explore a more specific aspect - seeking advice from our peers. Finally, in the concluding chapter below, we will delve into the topic of procuring guidance from

mentors. To make an informed decision regarding your career, it is essential to prioritize understanding your peers. Assess their personalities and evaluate their experience before considering or rejecting their advice. Gain insight into their knowledge of your chosen field and note their preferences and dislikes. This level of familiarity with your peers ensures that their input is valuable and contributes to your wise decision-making process. Chapter four emphasizes the importance of knowing your peers, and it is a key component of a successful career progression. When you familiarize yourself with your colleagues and understand their perspectives, you can make decisions that align with your goals and aspirations. Invest the time and effort to know your peers, and it will significantly benefit your career in the long run.

Please be aware that there may be individuals who are challenging to understand, making it more difficult to identify their intentions. In certain cases, they may appropriate your ideas and assume ownership of them. It is not uncommon for people to pursue careers or ventures that you

have sought their assistance in considering. It is crucial to acknowledge that this is a common occurrence in our society and to manage any potential risks.

To gain a deeper understanding of the topic, it is recommended to first delve into personal introspection. This is a crucial theme explored within the pages of this book, as well as other works within the same series. By taking the time to learn about oneself, individuals can better comprehend the perspectives and experiences of their peers. This self-exploration can lead to stronger personal connections and more effective communication. Additionally, understanding one's own strengths and weaknesses can be instrumental in achieving personal and professional growth. Therefore, it is highly recommended to prioritize self-reflection in conjunction with engaging with the valuable insights shared in this publication.

It is crucial to take the time to discover your true self when embarking on the journey of career exploration and development. Aligning your personality type with your profession can greatly enhance job

satisfaction and achievement. It is imperative to choose a career path that resonates with your authentic self to maximize your potential and achieve long-term success. Therefore, reflecting on personal values, skills, and passions should be a critical step in any career decision-making process. By doing so, individuals can make informed choices and pursue opportunities that are a true reflection of their aspirations and abilities.

Many individuals find themselves working or engaging in activities due to external pressures, which can result in a sense of unfulfillment. It is important to acknowledge that this is a common experience, regardless of one's circumstances. This can even occur within a marriage. It is crucial to take steps towards embracing a life that aligns with personal passions and interests. By doing so, individuals can experience a greater sense of satisfaction and fulfillment in their endeavors.

It is beneficial to have a supportive partner who shares your aspirations and goals in life, even if understanding humans can

sometimes prove challenging. As for myself, I endorse the rich cultural heritage of South Sudan, and Africa as a whole, particularly in terms of promoting unity and diversity. Our societies have accumulated a wealth of knowledge and experience over the course of history, and I believe that such wisdom can be used to enhance the quality of people's lives.

It is noteworthy to understand that human imperfection is universal, and this equally applies to the most superior individuals. As a professional, it is important to guide individuals in navigating certain aspects of their lives constructively. Such is the case in relationships, where it is essential to maintain positive connections regardless of challenges. While divorce might be an option for some, it is essential to explore valuable alternatives that promote long-term commitment. In African cultures, we have developed effective ways to sustain healthy relationships despite inevitable conflicts. These practices can benefit anyone who seeks to enrich their bond with their partner and enable them to grow together. It is our commitment, as professionals, to highlight

such positive practices that can be incorporated into modern relationships.

It is important to listen to our peers in all aspects of life, including those closest to us, such as our spouses. Education can play a role in determining knowledge levels, with some women potentially more educated than their husbands. This can create challenges in relationships, particularly in African cultures where traditional gender roles may be more prevalent. While the traditional system was designed to prevent issues that could lead to divorce, it may not always be applicable or understood by all. Misunderstandings can occur due to language or cultural differences, so it is crucial to approach these topics with an open mind and a willingness to learn. Clear communication can help bridge these gaps and foster understanding between individuals of different backgrounds.

It is often said that distance makes the heart grow fonder, as time apart can allow for mutual respect to develop and endure for years to come. Conversely, spending too much time together can sometimes lead to

unnecessary conflict, even over minor issues. As for myself, I identify as a modern man and may not ascribe to all traditional cultural practices. However, I have personally experienced the importance of balance in relationships and recognize the significance of cultivating a healthy dynamic through effective communication and mutual understanding.

It is important to recognize the potential benefits of seeking advice from one's spouse, as they possess a level of familiarity with their partner's habits and tendencies. However, it is important to acknowledge that spouses may not have a full understanding of their partner's situation, particularly if there are differences in education, age, or social status. In these cases, seeking advice from peers who possess similar educational and social backgrounds may be more productive. Peers offer a unique perspective that differs from that of a mentor, which is why they can be a valuable source of guidance. While it is ultimately up to the individual to determine which source of advice is most beneficial for them, it is important to keep in mind that

peers can offer a level of insight that is difficult to obtain from other sources.

Congratulations on taking the first step towards building stronger connections with your peers! I am excited to share with you some of the best tips on how to be an outstanding listener. By honing your listening skills, you'll be able to understand and empathize with your peers, fostering a more supportive and collaborative work environment. Remember, listening doesn't just mean hearing the words being said - it's about paying attention to body language, tone of voice, and context. So, as you go through these tips, keep an open mind, and embrace the challenge of becoming a better listener. I believe in you and can't wait to see the positive impact you will make!

10 BEST PEER ADVICE TIPS

1. **YOUR IDENTITY:** Have you ever marveled at how unique you are? You are more than just a name, title, or the community you come from. Your identity is what makes you distinct. Embrace your individuality and dare to stand out. Listen to your peers, but

also learn to trust your inner voice and instincts. Your voice is valuable and can make a difference in your life and the world at large. Take time to discover your values, beliefs, and passions and use them to fuel your actions. Be confident in your identity and remember that you can achieve greatness when you stay true to yourself. Know your identity first before listening to your peers. Your household, clan, tribe, or country has nothing to do with it. Your identity is not even your name or title but your personality type.

- 2. YOUR PURPOSE:** What a beautiful journey life is, and how much more joyful it can be when we are aligned with our purpose! Take a moment to reflect on what drives you, what makes your heart sing and your soul dance. Your life purpose may be different from your career path, but there is no reason why they can't support and elevate one another. When you know your life's definite purpose, you can make informed

decisions about which advice to take and which to leave behind. Don't let the judgments of others sway you from aligning with your higher self. Trust that you are on the right path, and the right people will be drawn to you. Embrace the journey with an open heart and mind, and watch the magic unfold!

- 3. YOUR VISION:** Discovering your life vision is the foundation for a fulfilling life journey. It's the driving force that propels you to make choices that align with your purpose. My life vision is more than a goal; it's a holistic approach to living well. Every day, I strive to live a peaceful life, embrace positivity, and radiate love to all those around me. This mission is not just my personal purpose; it's a universal aspiration to live a meaningful life. Unfortunately, not everyone has found their life vision, hindering their potential to live well. But I believe that with introspection and reflection, everyone can identify their vision. Although we cannot always control the

events around us, it doesn't mean we are powerless. We can take charge of our destiny by aligning with our life vision and pursuing it with actionable steps. Every day is an opportunity to live our dreams and make a positive impact.

- 4. YOUR MISSION:** Are you ready to embark on a journey of self-discovery? It's time to create a personal mission statement and vision statement. Just like successful institutions and schools, having a clear purpose and direction will guide you towards success in your career and personal life. With a strong mission statement, you can tune out the noise of others and focus on achieving your dreams. Knowing what you want from life will give you the motivation and clarity needed to pursue your passions with intention and purpose. Take the first step towards a fulfilling life by creating your own personal mantra. Remember, the world is waiting for you to make your mark, and a clear

mission statement will help guide you to your highest potential!

5. **YOUR PLANS:** You are the architect of your own life! You have the power to create plans that are not just dreams, but actionable steps towards success. With a clear vision of your personal life plans, you can embody inspiration and make decisions that fuel your ambition. These plans can be daily, weekly, monthly, or even yearly, but what's important is that you commit to them and stay focused on your end goal. Remember, your dreams will only become a reality if you actively work towards them! Believe in yourself and your capabilities, and trust that your plans will guide you towards greatness. Keep pushing forward and make every moment count as you turn your dreams into achievements!
6. **THEIR IDENTITY:** Now, let's turn to your peers and get ready to be inspired! Think about the amazing diversity and unique perspectives they bring to your life. Everyone is a gift,

with their own special traits and qualities that make them who they are. Embrace the differences in gender, nationality, and affiliations, and celebrate the richness of your friendships. You could learn and grow from your relationships with each person in your life. Amazing things can happen when we look beyond the surface level and try to understand the wonderful qualities that make our peers so special! With an open mind and heart, you can build deep connections with people of different personalities, and create a life filled with love, joy, and abundance. Let's embrace the beautiful diversity and discover the magic that happens when we come together.

7. **THEIR PURPOSES:** Remember, the advice that you receive from your peers can be a valuable tool for your growth and progress. You may find that their intentions are to help you succeed and thrive. It is important to be aware of their purpose, as this can assist you in making an informed

decision about whether to follow their guidance or not. Although it may seem daunting, evaluating the situation and your peers' motivations can lead to a well-informed decision that benefits you in the long run. Don't be afraid to take advice, but always remember to use your own judgment and intuition in ultimately making your decision. Trust yourself and trust the journey ahead towards achieving your goals and dreams.

8. **THEIR VISIONS:** How incredible is it that we are all unique and individual beings? No one on this earth is the same, and that includes you! It's so rare to find someone who has the exact same vision and dreams as you do. But isn't that amazing? It means that you have something special to offer that no one else can. Even identical twins have their own individuality - physically, mentally, and spiritually. Your peers all have their own unique visions, and while they may not intentionally encourage or discourage you in your career, their

perspective is still valuable. Use that diversity to fuel your passion and drive towards achieving your own personal goals. You are on a journey of self-discovery, and that uniqueness about you is going to help you achieve everything you want in this life.

9. **THEIR MISSIONS:** Every one of us is on a journey towards fulfilling our life mission. The people around us - our peers - are no exception. In fact, they may have their own unique missions that are closely tied to the path you are on. Understanding their missions can be a source of inspiration and guidance as you navigate your own journey. Amidst the noise and distractions of the world, knowing your peers' missions can provide clarity and direction. So, take the time to learn about their missions and consider how they can enrich your own unique purpose. Remember, we are all in this together, and by supporting each other's missions, we become stronger and more successful individuals.

10.THEIR PLANS: Your future is determined by the guidance you receive from those around you. It's important to surround yourself with people who have your best interest at heart, as their advice can shape your destiny. Your loved ones may have their own agendas, but don't let that deter you from pursuing your dreams. Remember, plans are not just written words - they can be found in the stars above. Our ancestors knew this and used it to their advantage. Just like them, you too can navigate your way to success if you simply observe and plan strategically. Don't let anyone hold you back, instead embrace the path ahead and trust in your ability to make your dreams a reality.

Congratulations on taking the first step towards a fulfilling career! The tips mentioned above are a great starting point for finding a job that truly matches your personality. Believe in yourself and use this knowledge to confidently move forward in your career journey. Remember, there is a perfect career path out there for you, and

with the right attitude and determination, you will find it. Stay positive, stay focused, and enjoy the exciting journey ahead. Best of luck and get ready to achieve your dreams! Shalom!

CHAPTER 10: HAVING MENTORS

“If you cannot see where you are going, ask someone who has been there before.” — J. Loren.

It is widely recognized that having mentors can play a crucial role in advancing one's career. While peers can provide valuable support, mentors can offer unique insights and guidance that can be instrumental in achieving one's professional goals. It is important to remember that the perspective and experiences of mentors may differ from one's own. Thus, it is essential to approach mentorship with an open mind and a willingness to learn from different perspectives. By leveraging the expertise and knowledge of mentors, one can gain a competitive edge in the job market and emerge as a successful professional.

This chapter is designed to provide valuable insight on the role of mentors in helping you make informed decisions about your career path. It contains practical guidance on how to identify which aspects of your identity, vision, mission, and life purpose align with your chosen career path. By the end of this

chapter, you will have a better understanding of how to weigh the advice of your mentors in relation to your unique career goals.

It is important to acknowledge that your mentors, despite potentially sharing personality traits with you and being part of your peer group, are distinct individuals with unique perspectives and approaches. Everyone possesses his or her own vision, mission, and worldview, which may not align with yours. Understanding and respecting these differences can provide valuable learning opportunities and facilitate constructive exchange of ideas. As you navigate your relationship with your mentors, it is essential to maintain a professional demeanor that acknowledges and respects their worldview, while being mindful of your own. This can facilitate a productive and respectful relationship that benefits both parties.

Everyone has their unique perspective, which can shape their opinions and approach towards various aspects of life, including professions. It is imperative to acknowledge

that your preferences may not always align with those of your mentors. It is wise to exercise caution while engaging in discussions with them. Listen attentively, but also assess the information critically. Remember that their likes and dislikes may not be reflective of your goals or aspirations and evaluate their advice considering your own objectives. Adopting a balanced approach while receiving guidance from mentors can be instrumental in achieving your career objectives while also staying true to your values.

Having peers and mentors is beneficial to personal and professional growth. It is essential to understand why the information in this book is directly relevant to your personality type. That is why it is crucial to read the preceding books thoroughly.

The initial book will offer you guidance as you embark on a journey of self-discovery. The following book in the series aims to assist you in improving the self that you have uncovered. While you cannot wholly change or metamorphose your innate nature, you can discover and gradually improve upon

it. This third book focuses on providing guidance to help individuals discover their ideal career path. The initial step involves introspection and self-improvement since establishing one's foundation is critical to identifying a fulfilling career. Lacking self-awareness can lead to uncertainty, making an individual vulnerable to the storms of varied interests. Therefore, gaining knowledge about oneself from various exposures, including personal experiences and external feedback, is vital. It is essential to distinguish other people's perspectives from personal values since their viewpoints are tailored to their views and biases. Nonetheless, listening to their input can be beneficial. Ultimately, the decision to heed or ignore advice will depend on an individual's personality type. This book will assist individuals in discovering their career path by providing them with the necessary self-assessment and analysis tools.

In South Sudan and Africa, the concept of a "self-idea" or "personality concept" is rare. Usually, we make decisions based on what others think or say. Therefore, I focus on personal and career development as a crucial

step towards breaking free from the social illusions of the day. As human beings, we are inherently social and seek validation from others in what we think, speak, and act. However, an essential aspect is individual self-discovery, which, in turn, helps us play our roles collectively in society. As a writer, I am fascinated by exploring the intersection of individualism and collectivism worldviews, which is a theme I often explore in my personal blog. My goal through my work is to guide readers to delve deeper into self-discovery and self-improvement, tapping into their unique potential. Through my books, I aim to provide readers with insight and knowledge to enrich their lives and empower them to become their best selves.

As your professional advisor, I strongly recommend taking time to discover and improve your personal career. It is important to pursue your passion and interests, rather than aligning your career solely with societal expectations. It is important to note that we must always uphold legal and ethical standards, and I cannot endorse any actions that may violate such laws. Together, let's strategically plan our future endeavors,

prioritize our personal and professional growth, and strive towards success in alignment with your values.

Mentors can provide guidance in diverse aspects of life. However, in this section, our concentration is on life coaching. A life coach is a professional that assists individuals to navigate self-discovery and self-improvement paths, as well as issues associated with career advancement.

As your appointed life coach, my main role is to offer guidance on seeking advice from mentors. While I can certainly be a mentor to you, it is important for you to have a range of mentors who can provide guidance based on their unique experiences and perspectives. My personal approach involves seeking out mentors who align with my personality type and goals. By taking the time to truly understand myself, I am better equipped to filter the advice I receive and determine what is most beneficial for me. I maintain a clear vision statement and purpose, which allows me to categorize and prioritize information effectively. As a result, I can make informed decisions about what advice

to incorporate into my life and what to leave behind. As an individual who has attained a level of stability and maturity, I value the insights and guidance of mentors and teachers from various backgrounds. I believe that it is crucial for others to establish themselves as well to experience similar success. Therefore, I have taken the time to formulate some tips and tricks that I believe will be instrumental in aiding others on their journey towards self-discovery. I firmly believe that knowing one's true self is paramount to being able to discern and effectively utilize external information. My hope is that these resources will assist individuals in discovering their authentic selves.

As previously mentioned, this advice can assist you in making informed decisions for yourself, independent of external opinions. Below are several tips to aid you in making well-informed decisions when receiving guidance from mentors. These guidelines will allow you to make sound judgements based on any feedback provided to you. The categorization of advice is an essential aspect that I consider. This is because it helps to

identify the type of advice that would be useful to you. I ensure that the advice given is based on my personal knowledge and expertise. It goes without saying that certain advice may be more appropriate for certain situations than others. As a professional, I take this responsibility seriously and only provide advice that is relevant to your needs.

You have stumbled upon a treasure trove of personal tips that have worked wonders for me and can do the same for you! Take them for a spin and see if they can boost your personal growth too – everyone is different, but you'll never know unless you try. I use these tips as a guide in deciding which advice to take and which to leave behind. I urge you to read these tips and put them into action. You won't regret it! And don't forget, if they work for you, share them with others too so that they can benefit from them just as you have. It's time to take charge of your personal growth journey!

10 BEST MENTORING TIPS

1. **YOUR IDENTITY:** Your personality type holds the key to unlocking your true potential! By understanding who

you are, you can make informed decisions about your career path that align with your passions and strengths. Your mentors can provide valuable guidance, but it's up to you to determine if their advice fits with your unique personality type. Remember, your career is a major part of your life, so it's important to choose one that brings you fulfillment and joy. Just like the author of this book, you may have multiple interests, but there's likely one career path that speaks to your soul. Embrace your individuality and pursue your dreams with confidence and determination. Your personality type is your secret weapon for success!

2. **YOUR VISION:** Believe in yourself and your unique vision. Your mentors may provide valuable guidance based on their own experiences, but ultimately, only you know the direction that aligns with your innermost desires. Embrace your individuality and pursue your passion with purpose and determination.

While it's important to seek advice from trusted mentors, always remember that you have the power to create your own path. Trust your instincts and allow your true vision to guide you towards a fulfilling career that ignites your soul. Be mindful in selecting mentors who align with your values and aspirations. Stay true to yourself, stay focused, and never give up on your dreams. Your future is bright and full of endless possibilities.

- 3. YOUR MISSION:** Discovering your personal life mission is an empowering and inspiring journey that should not be overlooked. It's much more than setting a few goals or wishing for a different future - it's about living each day with purpose and passion. Your mission is unique to you, and finding it is a remarkable achievement. Living your life according to your mission allows you to connect with yourself, others, and the world on a deeper level. It provides a sense of fulfillment and direction that keeps you motivated and engaged. By knowing

your mission, you can be steadfast in your decisions and confidently navigate through life's challenges. Embrace your mission wholeheartedly and let it guide you towards living a life full of meaning and impact.

4. **YOUR PURPOSE:** Your purpose is the compass that guides your career choices and helps you navigate through life. It is the driving force that motivates you to pursue your dreams and goals, even in the face of challenges. Embrace your unique purpose and use it to inspire yourself and others around you. You have the power to make a positive impact on the world through your career choices, so don't be afraid to dream big and follow your passion. Trust in yourself and your purpose, and you will find fulfillment and success beyond measure. Always remember that your purpose is what makes you truly shine, so let it radiate and light up your way to a brighter future.
5. **YOUR PLANS:** Your life and career are both crucial and deserving of your

attention. Take some time to reflect on what you truly want and set a plan in motion. Though unexpected obstacles will arise, you have the power to overcome them. Remember, life's journey is unpredictable and there's no guarantee that our plans will come to fruition. However, this shouldn't discourage you from pursuing your dreams. By having a clear vision of what you want to achieve, you can make informed choices with the guidance of your mentors. Trust your instincts and believe in yourself. Every step you take towards your goal is a step towards your brighter and fulfilling future.

- 6. THEIR PERSONALITIES:** You are a unique individual on a journey that is entirely your own. Your mentors are also walking their own path, with their own distinct personalities and perspectives. Embrace their differences as opportunities to learn and grow. While they may offer advice based on their own experiences, remember that ultimately you are the

expert in your own life. Trust yourself to make the best decisions for your future. Take the time to really get to know yourself and your values, so that you can make mindful choices that align with your authentic self. You are capable, confident, and worthy of living a life that feels true to you. Let your inner wisdom guide you as you chart your course and pursue your dreams.

- 7. THEIR VISIONS:** One of the greatest gifts in life is having a mentor who can guide us through life's ups and downs. It is important to remember that each mentor has their own unique vision, and it is up to us to understand and appreciate their perspective. When our mentors offer us advice, we must consider whether it aligns with our own vision for ourselves. Remember that you are in control of your own path, and you have the right to accept or reject any advice that does not align with your vision. So, take the time to really know yourself, and don't be afraid to follow your heart. Believe in

yourself and the world will believe in you too. Go forth and chase your dreams with unwavering determination.

- 8. THEIR MISSIONS:** Believe in the power of mentorship! You have the privilege of having mentors who are accomplished beings with their own life missions to pursue. Their guidance comes from their experiences, and each of them has a unique way of seeing the world. While some may share your vision, others may have their own. This should not deter you from seeking guidance or advice from them. Always remember though, that it is vital to understand your mentors and their life goals. Their intentions may be pure, but sometimes they might unconsciously hinder your progress. So, be cautious and choose wisely. But don't forget that they are here to provide their support and insights. Allow them to inspire you along the way. Together with your own dreams and aspirations, you can navigate the path to your destiny.

- 9. THEIR INTENTIONS:** Your mentors are amazing individuals who have a lot to offer. They have unique personalities that inform their intentions and advice. As you journey towards your chosen career, it is important to remember that their advice comes from a place of experience and care. You are an expert in your own career. However, always remember that your mentors have a wealth of knowledge that you can tap into. They can help you identify your career needs and guide you towards your life's best career. Take their advice seriously and apply their wisdom to your own path. Your career is not just a job, but a life-long journey. Lean on your mentors and trust in your own abilities. You have what it takes to achieve greatness and create a life of purpose and fulfillment. Keep striving towards your goals and never give up on your dreams.
- 10. THEIR PLANS:** Discover your best self and align your goals with those who inspire you. Your mentors' plans

may offer valuable insight into your journey but remember that your personal aspirations are what truly matter. Trust your intuition and pursue what resonates with your true passion. It's easy to get caught up in the subconscious patterns of decision-making, but when you take the time to truly know yourself, your true potential emerges. Set your sights on creating a life that excites you and let the guidance of those who inspire you light the way. Believe in yourself and trust the journey that lies ahead.

Congratulations on taking the first step towards finding a mentor! You are on the right path to unlocking your full potential and living a purposeful life. These ten tips are your guide to success and are tailored to help you make the most out of your mentorship journey. Remember, you can achieve greatness and with the right mentor by your side, the sky's the limit! So go ahead and implement these tips today with full enthusiasm and joy. And don't forget to share these tips with your loved ones, so they too can benefit from it.

CONCLUSION

As we end, this book has provided valuable insights into the process of finding one's ideal career path. The first step is gaining exposure to different career options, be it in your current profession or exploring other avenues. It is crucial to plan accordingly, particularly for those considering this to be a lifelong pursuit. Readers can benefit from the practical advice and guidance offered throughout this book to make informed career decisions. Thank you for taking the time to explore this topic with us, and we trust that this resource has been a useful tool in your pursuit of professional fulfillment.

Throughout the first ten chapters, our focus has been on the discovery of an ideal career path through the implementation of over 100 proven tips and tricks. These strategies all stem from the critical element of self-discovery. It is imperative that you truly know yourself, as you are, to identify a fulfilling career that aligns with your unique personality type. I would like to take this

opportunity to express my heartfelt congratulations to you for taking the time and effort to read this third book that I have carefully curated to assist you in your personal and professional development journey.

To fully benefit from this book, I highly recommend that you also read the first two books in the series - Your Self-Discovery Guide and Your Self-Improvement Guide. These first two books have been specifically designed to lay the foundation for this third book, as well as the remaining books in the series.

If you have already read the first two books, then I encourage you to proceed with Your Career-Improvement Guide, which contains invaluable insights and strategies necessary for significant career advancements.

It is my pleasure to offer guidance on career development. Discovering the most suitable career is a fundamental step towards achieving personal fulfillment and

professional growth. I recommend furthering your knowledge and enhancing your career skills to ensure that you maintain a constant trajectory of progress. Numerous valuable books, including *Think and Grow Rich* by Napoleon Hill, are available in the personal and career development genres. You may acquire a print copy or access a Kindle edition for your e-reader. Taking proactive measures towards self-improvement will greatly increase your chances of success in your career endeavors.

Developing the habit of reading is a wise decision that will have a significant impact on both your personal and professional growth. I strongly encourage you to prioritize reading in your daily routine. With dedication and commitment, you can cultivate this habit and reap its benefits. Reading is a skill that requires practice and perseverance, and it is not innate. Therefore, it is never too late to start. I have no doubt that with your determination, you will enjoy the many rewards that come from being an avid reader.

Don't hold back your thoughts about this incredible book! Your feedback is extremely valuable to me, and I would love to hear your opinions. Share your comments either through email or on my website, titled. Your support and contributions make a big difference, and I'm grateful for each one of you. Let's connect and chat about the inspiring content between these pages. If you've purchased this book on Amazon, please consider leaving a review there as well! Thank you for being a part of my journey. Peace and blessings to you all.

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